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WEEKEND, September 21-23, 2012



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COL. ALTIKAT HONoured

From left, Turkish Minister of Foreign Affairs Ahmet Davutolu, Ayla Altikat, widow of fallen diplomat Col. Atilla Altikat, and Canadian Foreign Affairs Minister John Baird stand in front of a monument in Ottawa Thursday after an unveiling ceremony honouring Col. Altikat, who was assassinated in Ottawa in 1982 while serving as military attaché for the Turkish embassy. FRED CHARTRAND/THE CANADIAN PRESS

McGuinty to freeze wages

'Symbolic.' Opposition parties pan measures as too little, PCs won't say if they'll vote with Liberals

Ontario's cash-strapped Liberal government moved Thursday to hold the line on salaries for senior public-sector executives as a "symbolic" sign of fairness before it legislates a pay freeze for about 1.3 million workers.

"You cannot ask a front-line teacher (or) health-care worker to take a freeze when non-bargained employees effectively aren't," said Finance Minister Dwight Duncan.

"It's all about being fair and reasonable."

Duncan promised legislation to permanently cap salaries for public-sector executives at hospitals, universities, agencies and the civil service at \$418,000 — twice Premier Dalton McGuinty's pay.

However, it won't cut incomes for the 150 public-sector managers who already make more than that amount — including hydro executives and hospital CEOs — and will also allow exemptions for jobs such as chief nuclear officer at Ontario Power Generation.

The Liberals will freeze the pay for about 8,800 managers in the Ontario civil service, 98 per cent of whom qualified for a performance bonus in 2010.

The government cannot say how many people in the broader public sector will be affected, or how much it will save, but says freezing the pay of civil-service managers will save about \$12 million a year.

"Dollar-wise these are modest," admitted Duncan. "Symbolically they're important."

The PCs have been demanding a legislated wage freeze for the broader public sector to help eliminate the \$13-billion deficit, and said Duncan "missed the mark completely" with his announcement.

THE CANADIAN PRESS

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Notorious neighborhoods see biggest drops in crime

Crime Prevention
Ottawa. Lowertown, Vanier, Pinecrest lead city in declines in incidence



ALEX BOUTILIER
alex.boutilier@metronews.ca

Lucie Marleau has seen firsthand the value of community-led crime prevention.

Marleau bought her home in Vanier eight years ago. She researched the neighbourhood and had a security contractor look at the home.

Soon a "problem tenant" moved in across the street, Marleau said. That attracted more "problem tenants."

"Next thing you know, I was surrounded," she said Thursday. Police were soon visiting her neighbourhood repeatedly.

Marleau, speaking at a meeting of Ottawa's community and

protective services committee, said that changed when she met other concerned citizens at a Together For Vanier meeting. Together for Vanier, sponsored by Crime Prevention Ottawa, is a citizen-led committee aimed at making the neighbourhood a safer place.

And it appears to be working. Crime in the neighbourhood fell 20 per cent between 2006 and 2011. Lowertown, with the CPO-sponsored Lowertown our home, also saw a 20 per cent drop. Pinecrest, with the United Neighbours group, saw a 27 per cent decrease in their crime rate. City-wide, the crime rate dropped by 15 per cent over that period.

The seemingly simple acts performed by these groups — putting on movie nights in the park, putting out public art, holding community cleanup days — are making a difference, CPO's executive director Nancy Worsfold told the committee.



Zombie walk undead thanks to radio station

Participants in the Ottawa Zombie Walk cross the intersection of Daly Avenue and Nicholas Street as they make their way to Parliament Hill in October 2011. The annual walk was in danger of being cancelled after police demanded \$3,500 for a security detail. Local classic rock radio station CHEZ 106 contacted the event organizers and offered to foot the bill. For more on the story see metronews.ca. JOE LOFARO/METRO

Hockey. Kanata's Rattray shoots for the IIHF World Women's Championship

Ottawan Jamie Lee Rattray hopes to play in front of a home-team crowd at the IIHF World Women's Championship this spring.

Rattray, 19, of Kanata, is heading to Calgary on Saturday for tryouts for Canada's national team. She said the prospect of spending a week training with the country's top female players is both exciting and nerve-racking.

"It's kind of scary to be at senior camp because you're playing with all the older girls, (but) I think I'm



Jamie Lee Rattray CONTRIBUTED

more excited than nervous,"

Rattray said on Thursday.

Rattray said she's excited at the prospect of playing the world's best in her own backyard.

"It'd be huge, it'd be definitely something cool to have the world championship in your home town, especially because it's almost right down the street from me," Rattray said.

The IIHF World Women's Championship will be held in Ottawa and Nepean between April 3, 2013, and April 9, 2013.

ALEX BOUTILIER/METRO

Arrest. Cops nab alleged getaway driver in robbery of poker champ

Police arrested a 21-year-old Gatineau man suspected of being a getaway driver in an armed robbery of a Quebec poker champion last December.

Longueuil police said two men forced their way into Jonathan Duhamel's Boucherville home on Dec. 21. They are accused of tying him up, beating him, and stealing more than \$100,000 and jewelry.

Duhamel became famous after winning the 2010 World Series of Poker in Las Vegas, taking home \$8.9 million US.

He was the first Canadian to hold the title.

Longueuil police Const. Mark David said an arrest warrant was issued for the alleged getaway driver and Gatineau police located him near his home Wednesday. He is the fifth suspect to have been arrested in the investigation.

The accused faces eight accusations, including armed robbery, illegal confinement, uttering threats, mischief, break and entering, and conspiracy.

JOE LOFARO/METRO

Mobile news



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Newly developed jet biofuel could make farmers wealthy

Made by Americans in Canada. Mustard seeds converted into a fuel that can be used in existing engines without modifications

GRAHAM LANKTREE
Metro World News

A new biofuel created in Canada from mustard seeds for jet engines will soon make farmers feel like they have an oil well in their backyards, say its inventors.

"There are six million acres of land that could grow this fuel in Canada," said Chuck

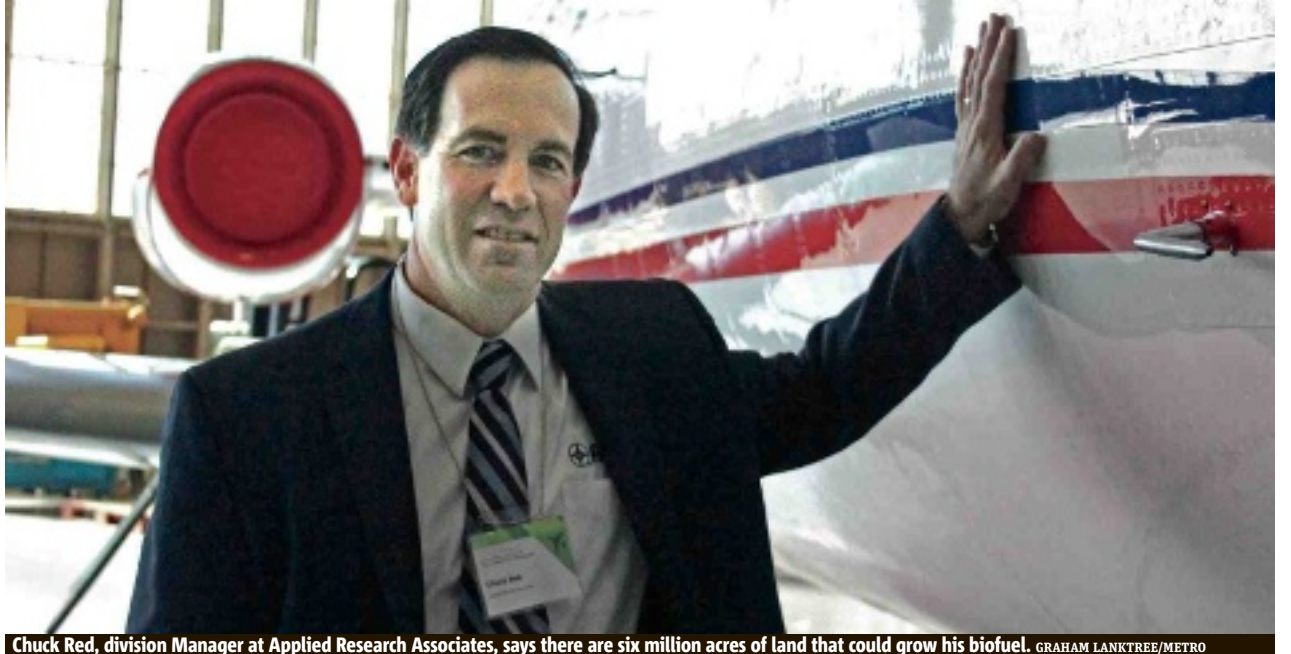
Red, division manager at Applied Research Associates, which designed the technology to produce the fuel.

This fall, the company plans to make the first jet flight powered completely by renewable fuel with partners at the National Research Council.

The American company could only have done it in Canada, Red said. "There is more bureaucracy to getting testing done in the U.S. There's a desire in Canada to really innovate," he said. "The first refineries will be built in Canada. It will provide huge growth in GDP."

The new fuel is nearly indistinguishable from the petroleum-based fuels currently used in jets, Red said. "We're testing it on Rolls-Royce engines that power Airbuses." That means the new fuel can be dropped straight into existing jet engines without refitting.

More than 40 commercial farms in Western Canada have already been contracted to grow 6,000 acres of the a



Chuck Red, division Manager at Applied Research Associates, says there are six million acres of land that could grow his biofuel. GRAHAM LANKTREE/METRO

Quoted

"The need to develop biofuels for this industry is paramount."

Dr. Roman Szumski, vice-president of life science at National Research Council explaining why there is so much potential in the project

genetically engineered Ethiopian mustard seed created by Canadian company Agri-soma. The crop is expected to create thousands of jobs and won't take up any space used

to grow food, since it can be grown on plots that usually lie fallow every third year.

Aviation is responsible for two per cent of the world's man-made carbon dioxide

emissions with that number projected to rise to three per cent, or 20 million tons annually by 2050.

"There has been a lot of support at the federal, prov-

incial and local levels," said Dr. Roman Szumski, vice-president of life science at National Research Council. "The need to develop biofuels for this industry is paramount."

Teknision hoping to grow with Android market



Teknision president Gabor Vida hopes Chameleon will become a go-to element for Android device manufacturers. GRAHAM LANKTREE/METRO

The market for Android tablets and smartphones is rapidly growing in Canada, and Ottawa's Teknision hopes to cash in on it with Chameleon, a tool to make those devices easier to use.

"We believe Chameleon solves some problems with the Google home screen," said Teknision president Gabor Vida. "The concept of having a home screen is good, but the experience sucks. Chameleon takes what exists on the device and makes it as good as it should have been in the first place."

Chameleon lets users customize the home screen on their Android tablets so that it shows simultaneously what's happening on Facebook, Twitter and other apps without launching each individually. Depending on the time of day, the users location or Wi-Fi network, the software will push different tools and information to the home screen.

"You're supposed to fill the home screen with widgets, but the whole process of finding and installing them is difficult and you get this kind

of ugly home screen that has minimal value," Vida said. "We want to get the widgets from empty to full as quick, easy and stylishly as possible."

A version for Android smartphones is coming soon, Vida said. "That's an even bigger market for us. Contextual home screens are even more suited to smartphones than tablets." Next week, he said, he's heading to Europe in hopes of signing a deal that would see the software come bundled with new Android devices. GRAHAM LANKTREE/METRO

Big time

The most popular Android apps for tablets and smartphones (over 100 million installs each)

- Facebook
- Google Maps
- Angry Birds
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Scary stuff. Ottawa joins Hollywood in premiering locally shot horror flick

A film from Ottawa with two Oscar-nominated lead actresses and about a million trailer views on YouTube is about to change local producer Rob Menzies's career forever. In *House at the End of the Street*, "every single frame was shot here in Ottawa," he said from a Philadelphia airport en route from Los Angeles to the premiere at Cineplex Gloucester Theatre.

Jennifer Lawrence (from *The Hunger Games*) and Elisabeth Shue star in the thriller as mother and daughter who move into a house where a double murder occurred. "If you're weak of stomach you may find it a little too scary," said Menzies.

Filmed two years ago in Stittsville, Carp and Algonquin

College, it was delayed to capitalize on Lawrence's growing fame.

"Working with Jennifer was a highlight," said Menzies, but a breakout performance from young area actress Eva Link will really get people talking. Both producer Aaron Ryder (of *Donnie Darko*, *Memento*) and Menzies were "blown away" by her talent. "She's one to watch," he said.

Menzies is excited for new opportunities that will come with the predicted box office sales. "This is a perfect shining example of the world-class level of film we can do in this city."

House at the End of the Street opens worldwide this Friday. **SAMANTHA EVERTS/FOR METRO**

Animator. Butch Hartman



Butch Hartman
JOE LOFARO/METRO

Butch Hartman, an American animator best known for his Nickelodeon TV shows *Fairly OddParents*,

Danny Phantom, and *T.U.F.F. Puppy*, was invited to give a keynote speech about his career in animation at the Ottawa International Animation Festival (OIAF) Thursday. Metro sat down with Hartman to talk about what he has planned at OIAF, how he keeps his shows competitive, and about his stint as a proctologist on *Family Guy*.

What will you be talking about at your Writing Masterclass at OIAF?

I'm basically going to be talking about writing. What's important about writing? What is the key to successful animation? What makes a good animated script? Why certain cartoons are successful and why some aren't? I'm going to go a lot into that stuff.... I'm going to be very real about some cartoons — why they work and

why they don't.

So *Family Guy* creator Seth MacFarlane had you do voice-overs on his show?

Yeah, in the early days. I was usually "Guy #1" — whoever "Guy #1" was. And then Seth actually named a doctor after me — a proctologist named Elder Hartman. So thank you, Seth, for naming a proctologist after me. That lasted about a year.... I did a lot of voices on the air in the early days for him and it was a lot of fun.

Where do you see animation going?

I think it's going to get even bigger than it is now. I think there's a big move back to traditional TV shows — you know, shows for the whole family. I think you could see it in the box office. The movies that do the best are family-oriented movies, you know. I think for TV shows, it's going to be the exact same way. Family cartoons are going to make a big comeback.

You can catch Hartman's Writing Masterclass on Saturday from 4-5 p.m. at the National Arts Centre Studio.

JOE LOFARO/METRO

Haunted paintings turn boutique into ethereal space for Nuit Blanche



Ottawa artists Barb Ochman and Danica Olders will transform the Victoire boutique downtown into a haunted place of witches and alchemists. **CONTRIBUTED/VICTOIRE**

Witching hour. All-night arts event happens Saturday



GRAHAM LANKTREE
graham.lanktree@metronews.ca

To celebrate the witching hour and Nuit Blanche this Saturday, two Ottawa artists will transform downtown boutique Victoire into a haunted, ethereal space for witches and alchemists.

"We're trying to create a whimsical, haunting atmos-

phere with the paintings and a tent," said Barb Ochman, of the spooky folk art she and fellow artist Danica Olders will have on display throughout the shop.

"People will walk inside and into someone else's lifestyle. They will find a warm, homey tent with a small bed and cauldron inside."

Hung around the room, Ochman's dark paintings will evoke magical symbols.

"They're simple, but powerful at the same time," she said. "They are illustrations on nice paper that I frame with vintage frames I

find. Some of them have a bit of water colour as well."

Ochman said she's excited for the all-night Nuit Blanche arts event because it shows the city's arts scene is growing. Toronto and Montreal have had similar Nuit Blanche events for years.

"I'm excited because Ottawa finally has an arts scene that's growing," said Ochman. "This brings people together and shows there is diversity here."

Follow Graham Lanktree on Twitter @MetroGraham



Nuit Blanche events

Barb Ochman's top picks:

SAW gallery

- In New Orleans, artist Candy Chang turned the side of an abandoned house in her neighbourhood into a giant chalkboard and stenciled it with the sentence "Before I die I want to _____," so anyone walking by could pick up a piece of chalk, and share their personal aspirations in a public space.

La Petit Mort

- Interactive project Working Conditions uses massage therapy and a combination of burlesque and go-go dancing to help viewers consider the conditions that apply to those working where sexual relations may be part of the job.

Ottawa School of Art

- Collaborative sidewalk drawing and audience interactive wall drawing around studio perimeter.

Ottawa Art Gallery

- A group exhibition explores the idea of artists' experiences with the Canadian "landscape." It offers locations and places as alien, foreign, new and fantastical, with a hint of nostalgia, creating an atmosphere of reflection and a meditation on the mundane and the science-fiction element of landscape.

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Making scents of chaos

Afghan agriculture.

You've heard about the Jasmine Revolution — here's one that started with orange blossoms



KIERON MONKS
Metro World News

Can perfume rebuild a shattered country? Barbara Stegemann says yes. The Canadian entrepreneur has given international development a chic twist, buying fair-trade herbs from crisis-hit nations to create her perfume line, The 7 Virtues.

The mission began in Afghanistan. After a soldier friend was wounded, Stegemann wanted to prove that economic empowerment could undermine the country's heroin economy and the Taliban that controls it. The path led to Jalalabad, a city famous for its orange blossoms, and a struggling supplier.

"He was about to give up," Stegemann recalls. "It was a financial risk but I wanted to show that another way is possible." She invested \$2,000 and, in 2010, launched her Afghanistan Orange Blossom fragrance. The first batch sold out and she soon secured financing through the hit TV show *Dragon's Den*.

The investment allowed her supplier to develop his business and take on more staff. In turn,

Petal power



"We don't often have a way to touch peace, yet we own voting and buying power."

Barbara Stegemann, founder of The 7 Virtues Beauty Inc., on female empowerment through local development



Initiatives such as Stegemann's can have a profound impact on Afghan women and children, development workers say. CONTRIBUTED/YOUSAF SALI

this brought new investment in traditional Afghan products.

"This type of foreign involvement has made a positive change for the crafts," said Waheed Khalili, director of the Turquoise Mountain Institute for Afghan Arts and Architecture. In three years, employment has grown 70 per cent in the industry, he says.

Development NGOs believe such projects can have a lasting impact. "Giving ordinary Afghans the chance to find stable, legal work allows them to plan for the future, to improve their lives and that of their children," said Fernando Soares, deputy executive director of Mercy Corps. "This helps lay the foundations for a peaceful and productive Afghanistan."

The 7 Virtues has also made female empowerment an issue. Stegemann's suppliers are leading employers of women, and the profits have helped to expand schools for girls. Stegemann wants to see more female influence at home, too, and sees her perfume as a route into politics.

The scents are becoming more ambitious. The latest blends Israeli and Iranian ingredients for an anti-war protest. Stegemann is also lobbying Israeli politicians to help her establish a Palestinian distillery. But the causes are too important for politicians alone. "Citizens have to take action," she says. "If you stay the course, you will see results."



Looking into the future: Jalalabad-based distiller Abdullah Arsala says he believes perfume-making will expand as a positive business in war-torn Afghanistan. CONTRIBUTED/ABDULLAH ARSALA

Conflict. Perfume of peace

Stegemann is not the first to create a scent with a message. French perfume maker Francois Coty used his cosmetics empire to launch a fascist party before the Second World War, and became a hugely influential political figure.

More recently, Israeli-German photographer Daniel Josefsohn created the "MoslBudJewChristHinDao" fragrance

in an effort to promote religious tolerance. The name of the fragrance was later shortened to the easier "Unifaith."

With the U.S. election campaign in full swing, the perfumers at Bliss have made it an "eau-lection" with scents for both candidates. Supporters can show their colours by choosing between "Mint Romney" and Orange "O'bama."

KIERON MONKS/METRO WORLD NEWS



Jews and Muslims alike can enjoy a whiff of "Unifaith." CONTRIBUTED/DANIEL JOSEFSOHN

Q&A

'The potential is huge'



Roses have been cultivated for centuries in Afghanistan. CONTRIBUTED/YOUSAF SALI

What is the tradition of Afghan perfume?

The first rose was distilled here and the oil has been used in Islamic medicine for centuries. The Jalalabad region was known for its gardens full of flowers and native plants, and the culture of making compounds from them.

How difficult is it for farmers to switch to perfume from poppy?

It's not easy to convince them because the poppy is quick and has more value. But the rose flowers here are the next best and the government has given subsidies for the first three years for farmers who switch, because that is how long it takes for them to bloom. If there is a group of farmers who switch together, the Taliban cannot fight them.

What is the future for your business?

Industrialized distillation is still new here and we have problems with energy and electricity. But the potential is huge and now we know the market will expand and employ more people.



ABDULLAH ARSALA
Perfume distiller in Jalalabad

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American war resister turns herself over to U.S. authorities

Seeking refuge.

Soldier lived in Toronto after coming to Canada in 2007 to avoid service

An American soldier who sought refuge in Canada after she became disillusioned with the Iraq war has turned herself over to the United States.

The War Resisters Support Campaign says Kimberly Rivera was immediately arrested, detained and transferred to U.S. military custody after presenting herself at the border.

The group says Rivera is now waiting to be transferred to a different military facility where she faces punishment for being absent from her unit.

It also says Rivera's husband and her four children crossed the border separately so the kids wouldn't have to see their mother being detained.

The secretary to Immigration Minister Jason Kenney has confirmed the deportation and says the Harper government doesn't believe Rivera will be persecuted in the U.S.

Rivera, who lived in Toronto with her family, came to Canada in 2007 to avoid further U.S. military service.

Ken Marciniak of the War Resisters Support Campaign says two other Iraq war resisters who were deported in the past faced year-long jail sentences for desertion.

Rivera told reporters last month that her biggest fear about being deported was be-

Petition

Roughly 19,000 people signed an online petition protesting her deportation order, and rallies were held in Canadian cities Wednesday, calling on the government to let Rivera stay in the country.

ing separated from her young children, and having to sit in a prison, for being against the Iraqi conflict.

Rivera received her deportation order after a negative pre-removal risk assessment. That assessment ruled she would not be in danger of punishment, torture or loss of life if deported.

THE CANADIAN PRESS



A number of people hoisting placards and waving peace signs gather for an eleventh-hour protest against the planned deportation of U.S. war resister Kimberly Rivera in Toronto on Wednesday. LUC RINALDI/THE CANADIAN PRESS

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PQ bothered by accused shooter's media access

The Quebec government is examining how accused killer Richard Henry Bain was able to speak to the media from a detention centre.

The Parti Québécois' new public security minister says he's bothered that the man accused of shooting two people at a PQ victory rally on election night had access to a radio audience.

Bain called a Montreal station on Wednesday and small snippets of a 38-minute inter-

view were aired on English- and French-language stations of the Astral Radio network.

The accused shooter reportedly told the network he'd had a vision from God that Montreal should become its own province and separate from Quebec. He did not want to talk about events on election night — just about his political views.

On his way into Thursday's cabinet meeting, Public Security Minister Stephane Bergeron said he will investigate whether

a prisoner should have access to a phone in order to transmit messages through the mass media.

"It seems worrisome to me," Bergeron said. "I'll look into it and get back to you."

"The question is whether a prisoner should have access to that type of platform to express himself in the public arena."

Radio station CJAD said Bain called from the infirmary of his Montreal detention centre.

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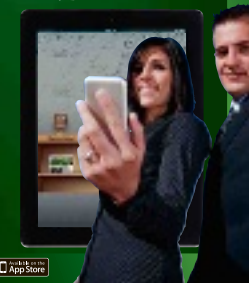
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Visit by UN officials stirs large protest led by Buddhist monks

Sri Lanka. Flocks of protesters complain country is being unfairly criticized for poor human-rights record

Hundreds of Sri Lankans protested Thursday against a visit by UN officials to discuss

human-rights issues during the country's civil war.

Monks led about 300 protesters from the Buddhist nationalist National Heritage Party during the demonstration opposite a local UN office. They complained Sri Lanka is being unfairly criticized for a poor human-rights record as the war was ending in 2009.

They alleged the visit was

a step toward subjecting Sri Lanka to an international war-crimes investigation.

Three representatives from the UN human-rights commission have met Sri Lankan officials and ethnic Tamil politicians and seen areas ravaged by war on their visit.

A UN report found evidence the government and Tamil Tiger rebels committed

rights violations during the war. It said tens of thousands of civilians may have been killed in the final stages of the fighting, though there are no clear estimates available.

The UN Human Rights Council adopted a resolution earlier this year urging Sri Lanka to investigate alleged war crimes committed by both sides.

THE ASSOCIATED PRESS



Sri Lankan monks participate in a protest outside the United Nations office in Colombo, Sri Lanka, on Thursday. CHAMILA KARUNARATHNE/THE ASSOCIATED PRESS

Fashion shoot. Photo exhibit with nuns, graves causes protest by Poland

Poland protested a Ukrainian photo exhibition Thursday, featuring models dressed as Catholic nuns posing next to the graves of Polish soldiers — an incident that threatened to upset close ties between the two neighbours as Kyiv relies on Warsaw's help in its push to integrate closer with the European Union.

The protest came during a visit by Polish President Bronislaw Komorowski, who is pressing Ukraine to commit to European democratic and human-rights standards if it wants to join the European club.

On Friday, Komorowski and Ukrainian President Viktor Yanukovich are to unveil a memorial outside Kyiv to thousands of Polish officers killed by Josef Stalin's secret police at the start of the Second World War.

The photographs, taken by a Ukrainian fashion magazine and displayed at a museum last week, showed the women striking pro-

vocative poses next to a bare-chested young man and against the backdrop of crosses at a cemetery in the western city of Lviv. The graves are of Polish soldiers who died when Poles and Ukrainians battled for control over Lviv in the wake of the First World War.

Poland's Foreign Ministry said Thursday that its diplomats in Lviv protested "the impropriety of the exhibition, which could hurt feelings and provoke controversy" and were able to get the exhibit closed.

"It was horrible, it insults the memory of soldiers, of the state, of everyone," said Emil Legovich, a leader of the Polish community in Lviv. He speculated that the exhibit was organized by certain "political forces" in order to sabotage Polish-Ukrainian relations ahead of Ukraine's hotly contested parliamentary election next month.

THE ASSOCIATED PRESS

Philippines

1,000-year-old village unearthed

Archaeologists have unearthed remnants of what they believe is a 1,000-year-old village on a jungle-covered mountaintop in the Philippines with limestone coffins of a type never before found in this Southeast Asian nation, officials said Thursday. National Museum official Eusebio Dizon said the village on Mount Kamhantik, near Mulanay town in Quezon province, could be at least 1,000 years old based on U.S. carbon-dating tests done on a human tooth found in one of 15 limestone graves he and other archaeologists have dug out since last year. THE ASSOCIATED PRESS

Washington

U.S. gears up to sell eight Apache helicopters to Indonesia

The United States is planning to sell eight AH-64/D Apache helicopters to Indonesia.

Secretary of State Hillary Rodham Clinton says the sale will strengthen the U.S.-Indonesian partnership and improve efforts to maintain security in Southeast Asia.

Clinton made the announcement after meetings with Indonesian Foreign Minister Marty Natalegawa at the State Department.

She said she notified Congress of the deal Thursday.

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Warzone birth comes as surprise to servicewoman

Baby conceived before tour of duty. British soldier stationed in Afghanistan unlikely to face censure

Hours after a British soldier in Afghanistan told medics she was suffering from stomach pains, the Royal Artillery gunner unexpectedly gave birth to a boy — the first child ever born in combat to a member of Britain's armed forces.

Britain's defence ministry said Thursday the soldier told authorities she had not been aware she was pregnant and only consulted doctors on the day that she went into labour.

The soldier, who arrived in Afghanistan in March, delivered the child Tuesday at Camp Bastion, the vast desert camp in southern Afghanistan's Helmand province where Prince Harry is

deployed and a Taliban attack last week killed two U.S. Marines.

"Mother and baby are both in a stable condition in the hospital and are receiving the best possible care," the ministry said in a statement. It said a team of doctors would fly out to Afghanistan in the coming days to help the soldier and her son return safely to Britain.

The U.K. does not allow female soldiers to deploy on operation if they are pregnant. Although the soldier's child was conceived before her tour of duty began in March, she is not likely to face censure.

Britain has previously sent female soldiers home from wars after they have fallen pregnant — including about 60 from Afghanistan — but hasn't previously had a servicewoman go into labour in a warzone.

THE ASSOCIATED PRESS

Giving pregnant pause

- Maj. Charles Heyman, a retired officer and author of *The British Army Guide*, said the unexpected birth would cause some concern at the base.
- "This sort of thing makes life difficult for everyone else, but the important thing is the welfare of the female soldier. This could have gone wrong and we don't know if the attack on Camp Bastion might have forced the birth," said Heyman.
- Heyman said it may have been "that the excitement of the tour masked the symptoms of the pregnancy."



Troop names foundling Pola

In this picture made available by the Operations Command of Poland's Defence Ministry in Warsaw on Thursday, a newborn baby girl whom Polish soldiers found on Wednesday abandoned on the road of an armoured patrol in southern Afghanistan receives attention in Wagheez, Afghanistan. Named Pola — for Poland — by the troops, the baby girl has been examined by military doctors and was to be handed over to Afghan pediatricians and authorities.

MARCIN GIL/POLAND'S DEFENSE MINISTRY/THE ASSOCIATED PRESS

Paris

Islamic arts take wing at Louvre

The Louvre Museum is unveiling a new wing and galleries dedicated to the arts of Islam, culminating a nearly \$130-million, decade-long project coming to fruition amid tensions between the Muslim world and the West.

The new dragonfly-shaped building marks the famed Paris museum's greatest development since its iconic glass pyramid constructed 20 years ago. The Department of Islamic Art will exhibit much of the Louvre's 18,000 works, hoping also to foster cultural understanding.

The wing, with its mission of heightening cross-cultural understanding, is opening at a tense — and perhaps opportune — time.

THE ASSOCIATED PRESS



A woman examines a ceramic-tile wall at the Louvre museum. REMY DE LA MAUVINIÈRE/THE ASSOCIATED PRESS

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31.5% of kids in Canada overweight, obese: Study

StatsCan. Level is at an all-time high

Almost a third of Canadian children are either overweight or obese, says a report from Statistics Canada that bases its figures on the World Health Organization method of determining ideal weights for youth around the globe.

Using data from the 2009-2011 Canadian Health Measures Survey, the federal agency says 31.5 per cent of children aged five to 17 — or an estimated 1.6 million individuals — are overweight or obese.

The proportion was slightly higher among younger youth. Almost 33 per cent of five- to 11-year-olds were overweight or obese, compared to 30 per cent of those 12 to 17.

The percentage of kids who were overweight — but not obese — was similar across age groups.

The proportion of Canadian kids and teens who are

Boys

The study found boys are struggling more than girls to control their weight.

- **Obesity.** According to the WHO definition, 15.1 per cent of boys are obese compared to eight per cent of girls.
- **Kids.** The gender gap is particularly noticeable in the five-to-11 age group, with three time more boys considered obese (19.5 per cent) than girls (6.3 per cent).
- **Teens.** The difference was less pronounced among those aged 12 to 17, with 10.7 per cent of boys and 9.6 per cent of girls considered obese.

overweight or obese has not changed much in the last few years — although experts say the level is at all-time high, and unacceptably so.

THE CANADIAN PRESS



Giffords gets shuttle flyover

Space shuttle Endeavour, sitting atop the shuttle aircraft carrier, is shown in Austin Thursday. It did a flyover of the Arizona home of Gabrielle Giffords. The ex-congresswoman, who was injured by a gunman in 2011, is married to Mark Kelly, Endeavour's last commander.

COURTESY OF LARA EAKINS/THE UNIVERSITY OF TEXAS AT AUSTIN/THE ASSOCIATED PRESS

Government

Wind power still controversial

A wind-power developer says the federal government is treating his industry differently than it treats other energy sources such as the oilsands.

Last summer, Health Minister Leona Aglukkaak announced a \$1.8-million study on the health effects of wind turbines.

John Andrews of wind developer IPC Energy

in Ontario asked if the department was doing a similar study involving the oilsands; he was told the oilsands come under provincial jurisdiction.

Andrews points out wind power is also regulated entirely by the provinces.

The energy source is highly controversial in Ontario.

Provincial Conservatives have called strongly for a moratorium on any further development.

THE CANADIAN PRESS

National security

Military turns off information tap

Members of the Canadian military have been told to tighten the screws and withhold information, even though it may not be sensitive or a threat to national security.

The unusual directive, known as a CANFORGEN, was written last year by the country's deputy top commander in response to a media story examining

National Defence finances.

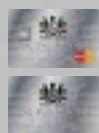
The 2011 Ottawa Citizen newspaper story looked at lapsed funding — cash the department was unable to spend on capital projects — and came at the height of the last federal election campaign.

It was deemed to have contained "information that was not meant for wider or public consumption," but the data had not been designated either secret or protected.

THE CANADIAN PRESS

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Birth control. Implants, IUDs urged for teen girls

Teenage girls may prefer the pill, the patch or even wishful thinking, but their doctors should be recommending IUDs or hormonal implants — long-lasting and more effective birth control that you don't have to remember to use every time, the leading U.S. gynecologists' group said Thursday.

The IUD and implants are safe and nearly 100 per cent effective at preventing pregnancy, and should be "first-line recommendations," the American College of Obstetricians and Gynecologists said in updating its guidance for teens.

Both types of contraception are more invasive than the pill, requiring a doctor to put them in place. That, and cost, are probably why the pill is still the most popular form of contra-

Need-to-know

- An IUD is a small piece of plastic inserted in the uterus that can prevent pregnancy for up to 10 years. An implant is a matchstick-size plastic rod that releases hormones. It is placed under the skin of the upper arm and usually lasts three years.

ception in the U.S.

But birth-control pills often must be taken at the very same time every day to be most potent. And forgetting to take even one can lead to pregnancy, which is why the pill is sometimes only 91 per cent effective.

THE ASSOCIATED PRESS

Prepayment

Victim's family backs gas-and-dash bill

The family of a Toronto gas-station attendant killed as a motorist fled without paying for \$112 of gas is throwing its support behind a private-member's bill aimed at preventing similar incidents.

Jayesh Prajapati, 44, died Saturday night after he was hit by an SUV at the Shell station where he worked while trying to stop the driver.

Prajapati's family looked on as Liberal MPP Mike Colle outlined his bill, introduced Thursday, that calls for a mandatory prepayment system at gas stations.

THE CANADIAN PRESS

PQ makes good on vow to scrap tuition-fee increase

Quebec. Decision comes after 'Maple Spring' that saw student protests erupt across province

The tuition increase that triggered such social strife in Quebec was cancelled Thursday during an action-packed first full day in office for the Parti Québécois government.

The new government repealed the fee hike, by decree, in its first cabinet meeting less than 24 hours after coming to power.

Student leaders cheered the news.

Premier Pauline Marois has

Quoted

"Together we've written a chapter in the history of Quebec. It's a triumph of justice and equity."

Martine Desjardins, head of the Federation des Étudiants Universitaires du Québec student association



Student leader Martine Desjardins, left, responds to reporters' questions at a news conference on Thursday in Quebec City. Desjardins applauded the news the Parti Québécois is scrapping the province's contentious tuition increase.

JACQUES BOISSINOT/THE CANADIAN PRESS

acted on a promise that she had made during the election campaign. She announced the decision at a news conference after the cabinet meeting.

Marois said tuition will go back to \$2,168 — the lowest in Canada. With the planned increases, it would have been \$600 higher this year and would have kept growing each

year.

Marois said she will not decrease funding for universities and will make good on a promise to hold a summit on how to fund universities within her first 100 days as premier.

The government policy entering that meeting will be to suggest indexing future fee increases to the rate of inflation.

That would raise tuition by a rate of around one to three per cent most years — compared with the 84 per cent increase over seven years planned by the previous Charest government.

But Marois' inflation-index policy is not set in stone. Some students are pushing for zero tuition, as exists in some other countries. **THE CANADIAN PRESS**

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Catholics call for stop to Israel attacks

Holy Land. Vandalism of Christian holy sites prompts Rev. Pizzaballa to voice concerns over Jewish-Christian relations

After a series of attacks by vandals on Christian holy sites in Israel, normally tight-lipped Roman Catholic officials are beginning to speak out, publicly appealing to authorities to take a stronger stand against the violence.

The Rev. Pierbattista Pizzaballa, one of the church's top officials in the Holy Land, said he is worried about relations

between Jews and Christians in the Holy Land. He believes the blame can go all around.

"I think the main atmosphere is ignorance," Pizzaballa told The Associated Press.

Because the local Christian population is tiny, "we do not exist for the majority ... They have other priorities," he said. "On the other side, we as a minority maybe didn't invest enough energy and initiatives" to reach out to Israeli Jews.

That may be changing following this month's attack on a well-known Trappist Monastery in Latrun, outside Jerusalem. Vandals burned a door and spray-painted anti-Christian graffiti on the century-old building with the words "Jesus is a monkey." Suspicion has fallen

on extremist Jewish West Bank settlers or their supporters, who are believed to be behind a series of attacks in recent years on mosques, Christian sites and even Israeli army property to protest moves against settlements.

In response, the church's top officials issued a rare "declaration" calling on Israeli leaders to take action.

It said authorities should "put an end to this senseless violence and to ensure a 'teaching of respect' in schools for all those who call this land home."

Israeli leaders swiftly condemned the attack, and police vowed to bring the vandals to justice. Nearly two weeks later, there have been no arrests.

THE ASSOCIATED PRESS



In this Sept. 4 photo, a Catholic monk stands in a doorway of the Latrun Trappist Monastery in Latrun, Israel. Israeli police say vandals spray-painted anti-Christian and pro-settler graffiti and set the monastery's door on fire.

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Probation. Senator's wife pleads guilty to causing disturbance on plane



MORGAN MODJESKI
Metro in Saskatoon

Maygan Sensenberger, 23, and Manitoba Senator Rod Zimmer, 69, are entering a new chapter in their relationship — probation.

Sensenberger appeared in a Saskatoon courthouse Thursday morning where she pleaded guilty to causing disturbance and was given a 12-month suspended sentence and probation. A second charge of uttering threats was withdrawn.

Sensenberger became the centre of attention across the country after being arrested for causing a disturbance and uttering threats on a flight from Ottawa to Saskatoon in late August, just days before the couple's first wedding anniversary.

Prosecution told the court that witnesses aboard the aircraft heard Sensenberger allegedly threatening to slit her husband's throat.

Her lawyer, Leslie Sullivan, said her client was happy the ordeal was settled.

"My client is extremely relieved this matter is over," said Sullivan.

"She has been anxious to get this concluded and she just wants to return to her home and get back on with her life."

When asked if she was pleased with the sentencing, Sullivan explained: "I'm very pleased the charge was withdrawn — as it should have been. ... We wanted to deal with it expeditiously and that's what we did."

The court was told that Sensenberger had been drinking at the time of the argument and provincial judge Marilyn Gray said she felt if alcohol hadn't been involved, it would have been a different situation.

She noted that a person's good judgment sometimes goes "out the window" when drinking.

Although there was no mandatory treatment as part of the sentence, Sensenberger will have to undergo any addictions assessment, treatment or counselling that is recommended by her probation officer.



Maygan Sensenberger and her husband, Rod Zimmer, are seen together outside Saskatoon's provincial courthouse Thursday. After she was charged, a court ordered the two to only contact each other through electronic means. Now that Sensenberger has been sentenced, all conditions that were part of her bail no longer apply. MORGAN MODJESKI/METRO

Crash site

YouTube video prompts search for decades-old remains

The 60-year-old wreckage of a Second World War-era bomber in the mountains above Metro Vancouver prompted a search by RCMP for human remains.

Mounties in Pitt Meadows, B.C., received a call about a video posted on YouTube by a group of hikers who claimed there were remains at the site of the 1953 crash.

On Sept. 14 officers, along with a forensic identification specialist and a dog unit, flew into the area and hiked to the remote location to search.

Const. Alanna Dunlop says no human remains were found.

The Mitchell B-25 went down near Pitt Lake in January 1953 during a training flight.

The site was so remote and the route so treacherous that Air Force crews had to wait until the following September to recover the bodies.

THE CANADIAN PRESS

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Poisoning probe may include Kremlin

Alexander Litvinenko.
Russian agent was
critical of Putin
government

A long-awaited inquest into the poisoning death of former Russian agent Alexander Litvinenko should consider whether Russian authorities were involved, the senior British judge who will oversee it said Thursday. But the U.K. government will not let lawyers for the victim's family and the suspects see a report on alleged links between Litvinenko and British intelligence.

Litvinenko's family believes the Kremlin was behind his

death from radioactive poisoning in London in November 2006. The former security service officer, a critic of the Kremlin, died after drinking tea laced with the rare radioactive isotope polonium-210 at a London hotel.

On his deathbed, he accused Russian President Vladimir Putin of responsibility.

Ben Emmerson, a lawyer for Litvinenko's widow Marina, told a court hearing that it was vital that the inquest investigate "the criminal role of the Russian state."

Emmerson said that if official Russian involvement was proved, it would constitute "an act of state-sponsored nuclear terrorism on the streets of London."

Inquest

In Britain, an inquest is held to determine the facts whenever someone dies unexpectedly, violently or in disputed circumstances. Inquests do not determine criminal liability.

Judge Robert Owen, who will lead the inquest, said its scope would be decided at a later hearing, but indicated he was inclined to agree it should look at Russia's alleged role.

Owen said it was "to be regretted" that no inquest has been held in the nearly six years since Litvinenko died. Owen said he would open his

inquest as early in 2013 as possible.

The killing cast a pall over U.K.-Russian relations that still persists. British prosecutors have accused two Russians, Alexander Lugovoi and Dmitry Kovtun, of killing Litvinenko, but Russia refuses to hand them over. Lugovoi is now a Russian lawmaker.

Lawyer Hugh Davies, the inquest's counsel, said the judge-led inquiry should be a "full and fearless" examination of all the facts.

But he said some evidence will be withheld at the request of the British government.

Davies said all interested parties, including lawyers for the Litvinenko family, Lugovoi and the British government,



In this 2006 file photo, the coffin of former Russian spy Alexander Litvinenko is carried at Highgate Cemetery in London. CATHAL MCNAUGHTON/THE ASSOCIATED PRESS

would be given a police report into the death before the inquest. One section, however, will be censored — the results

of police inquiries into whether Litvinenko was in contact with Britain's MI6 intelligence service. **THE ASSOCIATED PRESS**



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Obama, Clinton speak out on anti-Islam film debacle

Pakistan. Islamabad's American Embassy takes steps to ease controversy over U.S.-produced movie

The American Embassy in Islamabad, in a bid to tamp down public rage over the anti-Islam film produced in the U.S., is spending \$70,000 to air an ad on Pakistani television that features President Barack Obama and Secretary of State Hillary Rodham Clinton denouncing the video.

The State Department said Thursday the embassy had compiled brief clips of Obama and Clinton rejecting the contents of the movie and extolling American tolerance for all religions into a 30-second public service announcement that is running on seven Pakistani networks. Obama and Clinton's comments, which are from previous public events in Washington, are in English but subtitled in Urdu, the main Pakistani language.

Department spokeswoman Victoria Nuland said the aim was to get the messages to the widest possible audience



A man reacts to tear gas fired by police, during clashes that erupted as protesters tried to approach the U.S. Embassy, in Islamabad, Pakistan, Thursday. MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

in Pakistan, where tens of thousands of protestors angry about the film tried to reach the U.S. embassy before being turned back by Pakistani police. She said embassy staffers had decided the ads were the best way to spread the word. The seven networks have a potential audience of 90 million people, she added.

"The sense was that this particular aspect of the president and the secretary's message needed to be heard by more Pakistanis than had

heard, and that this was an effective way to get that message out."

Nuland told reporters in Washington. The ads are not running in other countries, she said. In the ad, Obama is seen talking about America's tradition of religious tolerance and Clinton is seen saying that the U.S. government had nothing to do with the video that contains vulgar depiction of the Prophet Muhammad.

THE ASSOCIATED PRESS

U.S.-Muslim relations

Protests suggest Muslims as angry at U.S. as 4 years ago

Images of angry mobs in Arab cities burning American flags and attacking U.S. diplomatic posts suggest the Muslim world is no less enraged at America than when President George W. Bush had to duck shoes hurled at him in Baghdad.

But more than three years after President Barack Obama

declared in Cairo that he would seek "a new beginning" in U.S.-Muslim relations, a closer look reveals strides as well as setbacks.

One U.S.-led war is over and another is receding, although there are questions about whether America has made lasting gains in Afghanistan. The Arab Spring revolution, a spontaneous combustion that happened independent of Western influence, has given people new power and hope as well as democratic elections.

But peace between Israel



Protesters wave anti-U.S. flag. MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

and the Palestinians is nowhere in sight, Iran is seen as a menace and broad mistrust with America is still explosive across much of the Muslim world. THE ASSOCIATED PRESS

Serbia. Suspect acquitted for setting U.S. Embassy ablaze but convicted of lesser charge, jailed for a year

A Serbian court on Thursday acquitted the prime suspect charged with setting fire to the U.S. Embassy in Belgrade in 2008, but convicted him of the lesser offence of stealing property from the building and sentenced him to a year in prison.

A Belgrade high court judge said there was no evidence that Milan Zivanovic, 24, took part in the burning of the embassy when Serb rioters stormed it on Feb. 21, 2008, in anger over Washington's support for the

statehood of Kosovo, the predominantly ethnic Albanian province that had declared independence from Serbia.

But the judge said Zivanovic, a university student, took part in the stealing of a leather jacket and gloves that belonged to an embassy employee. One assailant was killed in the fire set by the attackers.

The attackers, mostly soccer hooligans, threw stones and flares at the embassy building, breaking windows and setting

it on fire. The extremists also attacked other Western embassies in the Serbian capital.

The incident caused tensions in U.S.-Serbia relations and triggered calls by American officials to bring to justice more perpetrators of the attack. Serbian authorities earlier this year charged another 14 people for the violence. Serbia lost control over Kosovo after a 1998-99 war but has refused to recognize its independence.

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Mafia rooted in Ontario: Officer

Public inquiry. More witnesses on Monday

A veteran Ontario detective has testified in a public inquiry that the Italian Mafia's reach in that province extends to all kinds of legitimate businesses that mask criminal proceeds.

Mike Amato, a York Regional police detective, testified Thursday before the Quebec inquiry looking into allegations of corruption in the province's construction industry.

Called to provide a portrait of the reach and scope of the Italian Mafia in Ontario, Amato described a group that has managed to root itself deeply into everyday society.

The officer says the modern-day Mafioso is dressed in business suits, works nine-to-five hours and holds jobs ranging from banker to accountant to bus driver. "They think it's a bunch of old guys smoking cigars, playing cards in a coffee shop, and that's not the modern-day Mafia," Amato told the Charbonneau Commission.

Amato said Mafia-controlled legitimate businesses include everything from garden cen-

Leadup

- Media reports suggested the secretive Calabrian Mob sits atop the criminal food chain in Canada.
- A former RCMP chief superintendent told media that organized crime has infiltrated Ontario's economy at least as much as it has in Quebec. Premier Dalton McGuinty has demanded proof of this.

tres to financial institutions to banquet halls. "They need these businesses to launder criminal proceeds," Amato said. "It also allows them to explain their wealth.... You can mask it in a business where you can hide your illegitimate wealth."

Ontario boasts many of the hallmark Mob industries — smuggling, drug trafficking and bookmaking. Then there are more modern ones such as stock manipulation.

"As we evolve as a society, so too does organized crime," Amato said. "They are just sometimes a little bit quicker, better and faster at it than we are." **THE CANADIAN PRESS**



Air guitar in mid-air

A construction worker plays air guitar at the top of the Tower of Hope on the Canadian Museum for Human Rights in Winnipeg while waiting for a piece of glass to ascend from below. Workers put the last piece of glass on the tower Thursday. The museum, the only national museum outside of southern Ontario, will open in the spring of 2014. **TYLER PEACOCK/METRO IN WINNIPEG**

Malfunction

Riders left dangling at amusement park

Twenty riders were left dangling at 300 feet for nearly four hours when the Wind-seeker ride at Southern California's Knott's Berry Farm amusement park stalled. Knott's said in a statement that the ride, which spins fun-seekers high over the park, came to a stop when its security system activated Wednesday. Riders were brought to safety by 8 p.m. Knott's says the ride, which also malfunctioned on Sept. 7, will remain closed during an investigation.

THE ASSOCIATED PRESS

Feline genes

Secret behind the tabby-cat pattern

Scientists say they've found the gene that sets the common tabby-cat pattern — stripes or blotches. Cats with narrow stripes, or the "mackerel" pattern, have a working copy of the gene. But if a mutation turns the gene off, the cat ends up with the blotchy "classic" pattern. **THE ASSOCIATED PRESS**

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Employees hug in front of the UAW Local 7 hall across the street from Chrysler Jefferson North Assembly plant in Detroit on Thursday. DAVID COATES/DETROIT NEWS/THE ASSOCIATED PRESS

Detroit plant rocked by murder-suicide

Tragedy. 2 people dead in incident that began at Chrysler factory

Police say a Chrysler employee fatally stabbed a co-worker at

a Detroit factory before killing himself in a city park.

Detroit police Sgt. Alan Quinn says a man was stabbed Thursday morning. Quinn says the suspect fled the factory and was found in the park, where he killed himself.

The Chrysler plant employs

more than 3,000 workers.

Chrysler spokeswoman Jodi Tinson says no other employees were injured. Workers on the shift were sent home.

The three-million-square-foot plant makes Jeep Grand Cherokees and Dodge Durango SUVs. **THE ASSOCIATED PRESS**

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A group of Amish walk to the courthouse in Cleveland on Thursday for the hate-crimes trial. THE ASSOCIATED PRESS

16 Amish convicted of hate crimes in brutal hair attacks

Cut off. Religious dispute pitted children against parents, terrorized the normally peaceful settlements

Sixteen Amish men and women were convicted Thursday of hate crimes, including forcibly cutting off fellow sect members' beards and hair, in a religious dispute that offered a rare and sometimes lurid glimpse into the closed and usually self-regulating community of believers.

A federal jury found

Mastermind

Samuel Mullet Sr. wasn't accused of cutting anyone's hair. But prosecutors said he planned and encouraged his sons and the others, mocked the victims in jail-house phone calls and was given a paper bag stuffed with the hair of one victim.

Samuel Mullet Sr. guilty of orchestrating the cutting of Amish men's beards and women's hair last fall. His followers were found guilty of carrying out the attacks.

Prosecutors and witnesses described how sons pulled

their father out of bed and chopped off his beard in the moonlight and how women surrounded their mother-in-law and cut off 2/3 metres of hair, taking it to the scalp.

All the defendants are members of Mullet's settlement near the West Virginia panhandle. Prosecutors say the defendants targeted hair because it carries spiritual significance.

One bishop told jurors his chest-length beard was chopped to 3.8 centimetres from his chin.

In another attack, a woman testified that her own sons and a daughter cut her hair and her husband's beard. THE ASSOCIATED PRESS

Zion National Park

Climber dies making a rappel in 'the Subway'

A 74-year-old man was found dead after spending a night hanging upside down on his climbing ropes at Zion National Park, park superintendent Jock Whitworth said Thursday.

The climber was making a rappel in the Subway, a popular and demanding canyoneering route about 400 km south of Salt Lake City. His partner was not able to free the man, who was found hanging from a dropoff.

THE ASSOCIATED PRESS

James Holmes. Batman-massacre suspect smiles but stays quiet in court

The suspect in the U.S. theatre rampage June 20 that killed 12 people in one of the worst mass shootings in the country's history smiled and glanced around the courtroom Thursday, a marked difference from his dazed appearances in the past. The shocking orange hair was gone, but he remained silent.

Prosecutors gave up their fight to see a notebook sent by suspect James Holmes to a psychiatrist. They didn't want to delay the proceedings.

Defence attorneys have said Holmes is mentally

ill and that the notebook, sent to Dr. Lynne Fenton, shouldn't be released because of doctor-patient privilege.

Fenton last saw Holmes professionally on June 11 before seeing him again in court on Aug. 30.

Prosecutors argued that the notebook is fair game, saying Holmes planned to be dead or in prison after the shooting rampage and had no plans to undergo therapy.

Fifty-eight people were wounded as the gunman roamed the darkened theatre. THE ASSOCIATED PRESS

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Labour negotiations

CAW reaches deal with GM

The Canadian Auto Workers said Thursday evening that it has reached a tentative agreement with General Motors. The CAW had warned earlier in the day that it was prepared to issue a strike notice at GM if talks didn't progress.

The union reached a deal with Ford earlier this week. It is still in talks with Chrysler. **THE CANADIAN PRESS**



Catering to the global gaming crowd

A visitor demonstrates Sony's head-mounted display HMZ personal 3D viewer, which provides a 3D theatre of music videos, movies and games, at the Tokyo Game Show on Thursday. As smartphones, tablets and other computer-like devices lure people away from the once-dominant consoles devoted to video games, one show participant predicted emerging nations will make up 80 to 90 per cent of the game market in a decade. Yoshikazu Tanaka, founder of rapidly growing Gree Inc. — which has risen to stardom through social games, often played on smartphones — said while game consoles will not catch on in some developing nations, people there do have mobile phones, which presents opportunities for Gree.

KOJI SASAHARA/THE ASSOCIATED PRESS

Air Canada prepares for hiring spree

1,100 jobs available.

Positions include flight attendants, customer service agents and baggage handlers

Air Canada says it will hire about 1,100 employees across a number of fields, including 200 at its new low-cost carrier.

The airline said Thursday the jobs are part of its strategy to “seize new commercial opportunities, enhance customer service and renew our workforce.”

Air Canada says it will hire about 400 flight attendants and some 500 airport customer service agents and baggage handlers. Sixty customer service agents will be hired for call centres in Montreal and Toronto.

“This recruitment program is consistent with our focus on controlling costs to become more competitive in our vari-

Job postings

- Air Canada says information on the job postings can be found at aircanada.com/careers, adding that applications can be filled out online.

ous markets,” said president and CEO Calin Rovinescu. “At a time when youth unemployment is nearly 15 per cent in Canada, we are pleased to offer exciting career opportunities that will especially appeal to young people.”

The company cited attrition as one of the main drivers behind the hiring of customer service agents and flight attendants. In addition to the hires at the main airline, the company will hire about 150 flight attendants and 50 pilots for its low-cost airline, slated to launch in 2013.

THE CANADIAN PRESS

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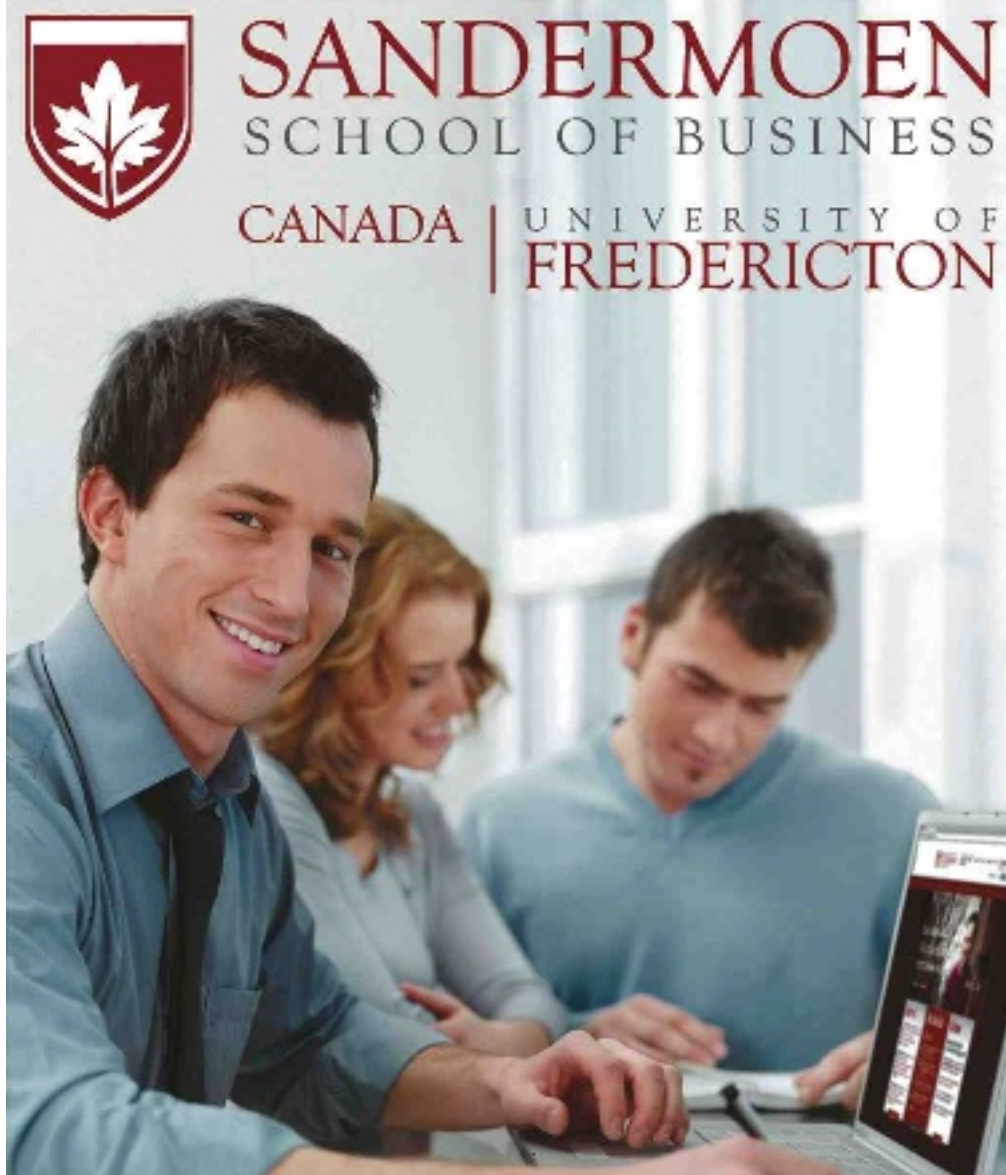
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TAKING A BIG GULP OUT OF THE BIG APPLE



THE LIST
Paul Sullivan
metronews.ca

It's time again for the Metro List, your one-stop shop for conversational tidbits that make you the coolest cat around the cooler.

1

Hockey Night in Canada — NOT. The billionaire owners have

locked out the millionaire players, cancelled the pre-season and could cancel the entire season. The rest of us may have to turn to football or soccer ... or get a life.

2

The topless Duchess. Variation on that Hans Christian Andersen tale The Emperor's New Clothes.

Only in this remake the paparazzi invade the Duchess of Cambridge's privacy and her husband the Duke is not even a little amused.

3

Cross-border crossover. Top U.S. retailer Nordstrom brings its shopping experience to Canada, announcing stores in Vancouver, Calgary, Toronto and Montreal. Hopefully, the Competition Bureau won't make the chain lower the quality of its service and jack up the prices so Canadian retailers can compete.

4

As of Friday, your device is obsolete. Apple starts selling the iPhone 5 in Canada on Friday. For \$699 you get a phone that's half an inch longer. Doesn't seem like much, but don't tell the two million people who pre-ordered it in the U.S. I guess size still matters.

5

Speaking of size. As of this week, the mayor of N.Y.C. bans any big sugary drink over 16 ounces. Big Gulp banned in the Big Apple, and it's not even Boston. Start spreadin' the news.

6

Then there's Tupelo Honey. Turns out Mississippi is the fattest place in North America, with 34.9 per cent of its citizens considered obese. That's nuthin'. By 2030, after another 18 years of BBQ, 66.7 per cent of adults in the Hospitality State will be obese. I wouldn't get too smug; an estimated 1.6 million Canadian kids are overweight, and the Big Gulp is still freely available on any street corner.

7

This kid's not all right. Consider the case of Maygan Sensenberger, the wife of Sen. Rod Zimmer. She's 23, barely an adult; he's 69, barely sentient. At least, you have to wonder why else he'd marry someone 46 years his junior. Whatever, the honeymoon's over: Thursday, she pleaded guilty to causing a disturbance last month on a Saskatoon-bound flight, while a charge of threatening her husband was withdrawn. Maybe she wanted to go to Miami.

8

Voyager has left the building. In fact, Voyager 1, which was launched from Cape Canaveral 35 years ago, has left the whole damn solar system, the first human-made device to go into deep space, where no one has gone before. Literally. If aliens ever do intercept the Voyager and listen to the music included on board, they'll have to try to figure out a species that listens to Mozart, Stravinsky ... and Blind Willie Johnson.



Mississippi gets an F for fat. The state is the most obese place in North America. GETTY IMAGES

Look who came for dinner!



GETTY IMAGES

Public-art installation

Whole new world for Columbus

A renowned statue of Christopher Columbus in New York City has its own apartment after it was erected on scaffolding in an art installation by Japanese artist Tatzu Nishi.

The 75-square-metre "living room," complete with sofa, television and coffee table, has been temporarily built around the monument. **METRO**

Artist's viewpoint

"Obviously, until now, he was up there by himself, alone. So we want to change it into something really homey, warm, domestic-feeling."

Japanese conceptual artist Tatzu Nishi
For 15 years, Nishi has been installing domestic environments around public monuments.

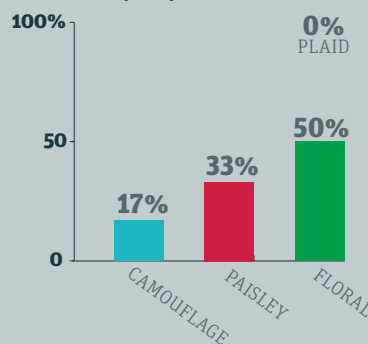
Artwork in detail

- **Meaning.** "A big point of my work is to change this high level (of the statue) to the same level and you see the sculpture really differently," Nishi told reporters.
- **It's upstairs.** Installation is accessible via a staircase.
- **No more feathers.** "After 120 years with only pigeons for company, Columbus is finally getting a taste of the American dream," Public Art Fund's director Nicholas Baume said.



Register at metropolitanpanel.ca and take the quick poll

New York fashion week was all about prints. What will be your spring staple?



Twitter

@jennaev90: @bexxcr I just love english profs

@princesspecan: Pissed I got a ticket for no reason!!! Anyone fight a ticket for handheld and win??? Do I fight or pay? #fml!

@BrothersDube: @paulvharris Paul we are rocking 30 schools with a message of hope & inspiration thru music <http://t.co/ltwPKKvR>

@ThePurpleBikini: RT @therrienc: I love seeing @ThePurpleBikini at work #made-myday #teamcanada

@brjcooper: @huffpostgay I always though ParisHilton was a man in drag. #ThingsYouLearnOnTwitter

@Eguks: @BellucciBeel I think I may have maid a terrible mistake, (not in your regard), but still :-(

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Jake Gyllenhaal stars in *End of Watch*. HANDOUT

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Make sure you pack Gravel for this 'watch'

Hand-held action.

End of Watch pays homage to gritty crime dramas, but the shaky camera work gives it an artificial feel

Richard: Mark, *End of Watch* is all build up. The movie spends an hour-and-a-half introducing its characters, giving us a slice of LAPD life before topping it off with an exciting conclusion. I could have used less Barf-O-Matic hand-held camera work — sometimes it's hard to tell what's happening — but overall I thought this movie worked because of the naturalistic performances and the climax. You?

Mark: And what performances! Both Jake Gyllenhaal and Michael Peña are first-rate, their naturalistic style perfectly

matching the you-are-there hand-held camera work. But I also thought the dialogue was far superior to most police thrillers. There's no plot, really — it's a series of episodes in the lives of two LAPD officers, which at times seemed reminiscent of the old TV series *Adam 12*. But there are things that are shown in this movie that would never have happened in the more benign TV show.

RC: It's true. It took me a while to warm to the episodic nature of the "story." I found the first half-hour stagey. The having-the-character-film-part-of-the-movie thing has been done to death, and I thought added a level of artificiality that didn't need to be there. Take that out and no one would miss it. But once I allowed myself to be drawn into the performances and the chemistry of the leads, I was sucked in. I thought the female characters were given

more to do than usual in a cop drama, but just barely. Anna Kendrick is so talented, I would have liked to see her given more to do.

MB: Kendrick barely registered for me; the woman who did was the Hispanic gang leader's significant other. Scary! As far as the ending goes, I thought it was a well-handled climax, but I can't say I didn't see it coming. It's the coda after the climax I thought was unnecessary. It tried to add poignancy to a movie that was thankfully unsentimental throughout.

RC: I agree. It's hard to discuss the end without being spoilerific, but let's say the movie goes from jovial to gritty and then back to jovial again. I didn't love it, but Hollywood seems to be allergic to tragic endings.

MB: Felt like a studio decision

Synopsis

Jake Gyllenhaal and Michael Peña play officers Taylor and Zavala, patrol cops in Los Angeles's tough South Central neighbourhood. A routine traffic stop turns into something bigger when they confiscate money and guns from a cartel member. "Be careful," they're warned by a senior officer, "You just tugged on the tail of a snake that's going to turn around and bite you."

- Richard: ●●●●
- Mark: ●●●●

and a focus group to me, Richard. But I enjoyed the film anyway. Just remember that much of it is shot shaky style, so sit at the back of the theatre and bring your Gravel!

2 SCENE

On the web



Qriket

James Burrows, the director with the golden touch, charms his latest sitcom, *Partners*

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Younger Olsen carves out her acting niche

Liberal Arts. Actress says she's finally at the point where she can choose roles — and she was thrilled for her latest film

HEIDI
PATALANO
Metro World News in New York

For someone who hails from a Hollywood family, you'd expect Elizabeth (Lizzie) Olsen to have some modicum of pretension about her. Older sisters Mary Kate and Ashley Olsen have after all created a fashion empire, part of which bears her name (clothing line Elizabeth and James, after herself and their brother). But when this

Olsen enters the room at the Crosby Street Hotel in New York, she settles into a chair, peeling off a blazer because, "you can't see sweat stains anymore" and smiles at us while her publicist cringes.

Short-listed as one of the top rising stars of Hollywood, Olsen has received heaps of praise for her role in last year's dark cult film, *Martha Marcy May Marlene*. But it wasn't until the script for writer, director and actor Josh Radnor's film *Liberal Arts* came across her desk that Olsen had felt as though she'd arrived.

"*Liberal Arts* became the first movie that I actually made the choice to do, whereas all the other movies that I've done were all like 'thank you, thank you, thank you for giving me a job,'" the actress admits. "So *Liberal Arts* is like, starting

Quoted

"They always want to come and visit and I'm like 'I don't know, depends what we're filming that day. Could be really violent, I could be getting raped.'"

Actress Elizabeth Olsen on letting her parents come watch her film.

movies where I was like 'oh, I think I'd like to do that.'"

In the film, Olsen plays a wise young co-ed who falls for Radnor's character, Jesse, someone 17 years her senior. He finds her at his old alma mater where, in part, he returns for the nostalgia for a better time in his life. Interestingly, the 23-year-old actress seems to have

a keen awareness of aging herself.

"I write letters to myself for the future," she says. "I read one from when I was in seventh grade to my graduating senior high school self and that was so crazy, because you feel like you're in a parallel universe where little you is still existing and you're talking to older you."

As for Olsen's future, expect to see her in upcoming dramas *Therese Raquin* and *Kill Your Darlings*. She also confirms the filming of Spike Lee's latest film, the thriller *Old Boy*. But she likely won't be having her parents come for a set visit.

"They always want to come and visit and I'm like 'I don't know, depends what we're filming that day. Could be really violent, I could be getting raped.'"



Elizabeth Olsen stars in *Liberal Arts*. TORSTAR ARCHIVE

Selena Gomez can sympathize with Dracula's daughter

Growing pains. Young actress who voices character in *Hotel Transylvania* knows what it's like to have wanderlust



NED
EHRBAR
Metro World News in Hollywood

Being *Dracula's* daughter can be a drag. That's the lesson Selena Gomez learned making *Hotel Transylvania*, in which she voices the 118-year-old perpetual teenager Mavis, living in the titular lodging with her overprotective father (voiced by

Adam Sandler) and longing to see the world.

Despite her character's advanced age, Gomez didn't have too much trouble connecting with Mavis.

"I'm not 118, but it's fun for me to kind of grow up," she says.

"I want to be able to see places, too. I get to travel and I'm very lucky to get to go to the places that I go to, but I never actually have been to the places alone or with friends, and I've never had that, so I think I'm going through that a little bit, doing things on my own a little bit more and having a little bit of that freedom."

In that travel that she's already doing — for work, mostly — she sees her fair share of ho-

tels herself, though they don't necessarily make much of an impression.

"To be honest, I'm in places for, like, a day so I don't even know where I'm staying. My mom's more about spas, so I just kind of follow my mom," she says.

"We stay in different places all the time — fun ones, cool ones. I've stayed in haunted ones too, before. It was actually for my birthday, so this sounds a little weird, but I like getting scared. We were on tour and they had me stay in a hotel in Utah and it was haunted."

"Nothing happened, so I was a little bummed, but it was spooky being there."



Selena Gomez walks the red carpet at TIFF during the *Hotel Transylvania* premiere. GETTY IMAGES

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Comedy



Roller Town

Director. Andrew Bush

Stars. Mark Little, Kayla Lorette

Slap-sticked together by Halifax comedy troupe Picnicface, *Roller Town* is the little indie comedy that could. Not only was it made on a skate-string budget, but the gang decided to spoof the arcane fad of '70s roller-rink films (remember *Xanadu*?). With plenty of silly gags whirling around a bare plot about a skate king who seeks justice against mobsters trying to kill disco, *Roller Town* stands out — even if it does lose its wheels by the end.

STEVE GOW

Action



Dredd 3D

Director. Pete Travis

Stars. Karl Urban, Olivia Thirlby, Lena Headey

The hard-edged British future-shock comic book (previously adapted with Sly Stallone as a camp-fest in 1995) becomes a hard-core feature courtesy of writer Alex Garland (*28 Days Later*) and director Pete Travis. *Dredd 3D* is not for the faint of heart, filled as it is with endless skinning, stabbing, shooting and head crushing all rendered in some beautifully designed 3D sequences. Spare on dialogue, long on style, pulsing music and violence, *Dredd 3D* is a gift to serious sci-fi action movie fans.

CHRIS ALEXANDER

Drama



Trouble with the Curve

Director. Robert Lorenz

Stars. Clint Eastwood, Amy Adams

Trouble with the Curve is no Moneyball. If anything, it's the antithesis to the acclaimed biopic about using science to shape ball teams. In this, Clint Eastwood is an expired scout that, despite failing eyes and curmudgeonly demeanor, picks players the old-fashioned way — on personality. Too bad there wasn't more personality in the film itself as text-book characters and routine plotting leaves Curve with a sub-par batting average.

STEVE GOW

Horror



House at the End of the Street

Director. Mark Tonderai

Stars. Jennifer Lawrence, Elizabeth Shue, Max Thieriot

House at the End of the Street is notable as actress Jennifer Lawrence's first big screen appearance since her turn in *The Hunger Games*. Marketed as a supernatural spook show for kids, the film is actually a rock solid, dark and suspenseful thriller armed with further evidence of just how good an actress Lawrence is becoming. Although saddled with a youth friendly PG-13 rating and light on anything visceral, *House* is actually ample frightening and even disturbing.

CHRIS ALEXANDER

Comedy



Celeste and Jess Forever

Director. Lee Toland Krieger

Stars. Rashida Jones, Adam Samberg

While Celeste and Jesse Forever may assist in converting Rashida Jones (TV's *Parks and Recreation*) into a mainstream movie star, it certainly does little for Adam Samberg. Co-written by Jones, the quirky premise of a married couple trying to divorce while keeping a close friendship starts strong but soon zeroes in too much on its female lead. Still, this amusing comedy (albeit a bit uneven in tone) should relieve many moviegoers from the exhausting onslaught of blockbusters.

STEVE GOW

Drama



Rebelle

Director. Kim Nauven

Stars. Rachel Mwanza, Serge Kanyinda

A harrowing tale about a young African (astonishingly played by newcomer Rachel Mwanza) who is forced to become a gun-toting child soldier, *Rebelle* is a provocative examination of the horrors of war from Canadian filmmaker Kim Nguyen. It may not be an easy film to sit through but its evocative impact on audiences resounds long after the credits roll – whether you want it to or not.

STEVE GOW

metro

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 "AND DODDY DORN A.C.E. "HUGO LEONARD HERBERT "CHRIS BROWN VANDANT "AND ALEX OTT BEN WATERMEIER JULIAN LINDENBERGER
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Ottawa

Bytowne Cinema 325 Rideau St., 613-789-3456

Celeste and Jesse Forever (STC) Fri 6:59 Sat 2:45-9:10 Sun 6:40 Mon 8:55 Tue-Wed 9:20 Thu 6:55
Habemus Papam (PG) Fri 4:45 Sat 6:50 Sun 1:45
The Mexican Suitcase (STC) Tue 7:01
Moonrise Kingdom (PG) Wed 4:45 Thu 8:59
No Habrá Paz para los Malvados (STC) Wed 6:55
Rebecca (G) Sun 3:59 Mon 4:15
Rebelle (14A) Fri 9:10 Sat 4:50 Sun 8:45 Mon 6:55 Tue 4:59
To Rome With Love (PG) Thu 4:30
Canadian Film Institute
2 Daly Ave., Suite 120, 613-232-6727
No Films Showing Today (STC) Sat-Thu
Warriors of the Rainbow: Seediq Bale (14A) Fri 7

Canadian Museum of nature 240 McLeod St., 613-566-4700

Sea Monsters 3D: A Prehistoric Adventure (STC) Fri-Thu 12-2:20 Fri-Thu 12:35-2:55
Turtle Vision 3D (STC) Fri-Thu 10:50-1:10 3:30 Fri-Thu 11:25-1:45

Coliseum Ottawa 3090 Carling Ave., 613-596-9475

Barfi! (PG) Fri-Sun 12-4:30 5:50-7-10:10 Mon-Thu 3:50-7-10:10
The Campaign (14A) Fri-Thu 6-8:15-10:30
Dredd 3D (18A) Fri-Sun 1-3:25 5:50-8:15-10:40 Mon-Wed 5:50-8:15-10:40 Thu 1:30-5:50-8:15-10:40

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2 LOCATIONS:
593 Bank St.
in the Globe
613-234-1210

396 Athlone Ave.
in Westboro
613-728-4800

End of Watch (18A) Fri-Sun 2:15-4:55-7:40-10:20 Mon-Wed 4:55-7:40-10:20 Thu 1:15-4:55-7:40-10:20
Finding Nemo 3D (G) Fri-Sun 1:10-3:40 Mon-Thu 4 Fri-Sun 2:40-5:15-7:50-10:25 Mon-Wed 5:15-7:50-10:25 Thu 1:10-5:15-7:50-10:25
Heroine (14A) Fri-Sun 12:35-3:45-6:55-10:05 Mon-Thu 3:45-6:55-10:05
House at the End of the Street (14A) Fri-Sun 12:30-3-5:30-8-10:30 Mon-Wed 5:30-8-10:30 Thu 1:35-5:30-8-10:30
Lawless (14A) Fri-Sun 1:50-4:45-7:30-10:15 Mon-Wed 4:45-7:30-10:15 Thu 1:20-4:45-7:30-10:15
ParaNorman (PG) Fri-Sun 12:50-3:05 Mon-Wed 3:45 Thu 1:15-3:45
Rambo: First Blood Part II (14A) Mon 7:30
Resident Evil: Retribution 3D (14A) Fri-Thu 7:10-9:40 Fri-Sun 12:55-3:20-5:45-8:20-10:40 Mon 4:20-10:40 Tue-Wed 5:45-8:20-10:40 Thu 1:35-5:45-8:20-10:40
The Tempest (STC) Thu 7
Trouble With the Curve (PG) No Passes Fri-Sun 2-4:40-7:20-10 No Passes Mon-Thu 4:40-7:20-10 Star & Strollers Screening, No Passes Thu 1
The Words (PG) Fri-Sun 12:50-3:10-5:35-8-10:25 Mon 4:10-10:25 Tue-Wed 5:35-8-10:25 Thu 4:10-10:25 Star & Strollers Screening Thu 1

Empire 7 Cinemas 111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

The Best Exotic Marigold Hotel (PG) Fri 3:10-6:15 Sat-Sun 12:20-3:10-6:15 Mon Tue 12:20-3:10-6:15 Wed 3:10-6:15 Thu
The Bourne Legacy (14A) Fri-Sun 9 Mon 3:25 Tue-Wed 9 Thu 3:25
Dredd 3D (18A) Fri 3:50-6:20-9:50 Sat-Sun 12:30-3:50-6:20-9:50 Mon 3:50-6:20-9:50 Tue 12:30-3:50-6:20-9:50 Wed-Thu 3:50-6:20-9:50
End of Watch (18A) Fri 3:30-6:30-9:10 Sat-Sun 12:20-3:30-6:30-9:10 Tue 12:20-3:30-6:30-9:10 Wed 3:30-6:30-9:10 Thu 3:10-6:30-9:10
For a Good Time, Call... (18A) Fri 3:20-6:50-9:30 Sat-Sun 1-3:20-6:50-9:30 Mon 3:20-6:50-9:30 Tue 1-3:20-6:50-9:30 Wed-Thu 3:20-6:50-9:30
House at the End of the Street (14A) Fri 3:40-7-9:40 Sat-Sun 12:40-3:40-7-9:40 Mon 3:40-7-9:40 Tue 12:40-3:40-7-9:40 Wed-Thu 3:40-7-9:40
Trouble With the Curve (PG) Fri 3:45-6:40-9:20 Sat-Sun 12:45-3:45-6:40-9:20

Mon 3:45-6:40-9:20 Tue 12:45-3:45-6:40-9:20 Wed-Thu 3:45-6:40-9:20
The Words (PG) Fri 3:35-6:45-9
Sat-Sun 12:50-3:35-6:45-9 Mon 3:35-6:45-9 Tue 12:50-3:35-6:45-9 Wed-Thu 3:35-6:45-9

Mayfair Theatre 1074 Bank St., 613-730-3403, mayfair-movie.com

Bonsai People: The Vision of Muhammad Yunus (STC) Sun 6:45
The Bridge on the River Kwai (STC) Sat 7 Sun 3
Cosi Fan Tutte (STC) Thu 7
Gott Ist Tot (STC) Sat 4:30
Ice Age: Continental Drift (PG) Sat 2:30 Sun 1
Juan of the Dead (R) Fri 9:30 Mon 9:30 Tue-Wed 9:20
Magic Mike (14A) Fri 7 Mon-Wed 7
The Monster Squad (STC) Sat 10:45 Sun 9:30

Mayfair Theatre Orleans 250 Centrum Blvd., 613 837-3456, orleans.mayfairtheatre.ca

2 Days in New York (STC) Fri 8:30 Sat-Sun 3:15-8:30 Mon 8:30 Tue 3:15-8:30 Wed-Thu 8:30
The Campaign (14A) Fri 4:15-6:15 Sat-Sun 1-6:15 Mon 4:15-6:15 Tue 1-6:15 Wed-Thu 4:15-6:15
The Dark Knight Rises (PG) Fri 8:15 Sat-Sun 3-8:15 Mon 8:15 Tue 3-8:15 Wed-Thu 8:15
Hope Springs (14A) Fri 4-6:45 Sat-Sun 3:30-6:45 Mon 4-6:45 Tue 1:30-3:30-6:45 Wed 4 Thu 4-6:45
Killer Joe (STC) Fri-Thu 9
ParaNorman (PG) Sat-Sun 1:30
Your Sister's Sister (18A) Fri 4:30-6:30 Sat-Sun 1:15-6:30 Mon 4:30-6:30 Tue 1:15-6:30 Wed-Thu 4:30-6:30

Rainbow Cinemas St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

The Amazing Spider-Man (PG) Fri-Thu 10:10-1:10-6:40
The Cold Light of Day (PG) Fri-Thu 5:15-9:30
Hit & Run (14A) Fri-Thu 4:10-9:20
Hope Springs (14A) Fri-Wed 10:40-1-3:10-7:20 Thu 10:40-3:10-7:20 Thu 1
Madagascar 3: Europe's Most Wanted (G) Fri-Thu 10:30-12:30-2:35-4:40
Marvel's the Avengers (PG) Fri-Thu 10:20-1:20-6:30
Moonrise Kingdom (PG) Fri-Thu 12:20-4:55-7
Ted (14A) Fri-Thu 4:20-9:25
Total Recall (14A) Fri-Thu 10-2:25-9

The Watch (18A) Fri-Thu 6:50-9:10
Rideau Centre Cinemas
50 Rideau St., 613-234-3712
Finding Nemo 3D (G) Fri 4:15-6:45-9:10 Sat-Sun 1:45-4:15-6:45-9:10 Mon-Thu 4:15-6:45-9:10
Lawless (14A) Digital Mon-Wed 4-6:35-9:15
Resident Evil: Retribution (14A) Digital Fri-Wed 4:30 Digital Thu 4:30-6:50-9:20
Resident Evil: Retribution 3D (14A) Fri 6:50-9:20 Sat-Sun 2-6:50-9:20 Mon-Wed 6:50-9:20

South Keys 2214 Bank St., 613-736-1115

The Bourne Legacy (14A) Fri-Thu 12:45-3:45-6:45-9:45
The Campaign (14A) Fri-Thu 4:40-9:50
The Dark Knight Rises (PG) Fri-Thu 1-4:35-8:15
Diary of a Wimpy Kid: Dog Days (G) Fri-Thu 11:40-2:25-4:55-7:15-9:25
Dredd 3D (18A) Fri-Thu 12-2:55-5:15-7:45-10:10
End of Watch (18A) Fri 11:20-1:45-4:25-7-10-9:55 Sat 1:45-4:25-7-10-9:55 Sun-Thu 11:20-1:45-4:25-7-10-9:55
The Expendables 2 (14A) Fri-Thu 11:50-2:15-7:25
Finding Nemo 3D (G) Fri-Thu 11:25-2:10-4:45-7:20-9:50
House at the End of the Street (14A) Fri-Thu 11:30-2:30-5-7:30-10
Lawless (14A) Fri-Thu 1:20-4-7-10:05
Mrs. Doubtfire (PG) Sat 11
Resident Evil: Retribution 3D (14A) Fri-Thu 11:45-2:40-5:10-7:40-10:15
Trouble With the Curve (PG) No Passes Fri-Thu 1:30-4:10-6:50-9:30
The Words (PG) Fri-Thu 11:35-2:20-5-7:35-10:05

Gatineau

Canadian Museum of civilization 100 rue Laurier, 819-776-7010

Arctique 3D (STC) Fri 12:55-4-7 Sat 12:55 Sun 12:55-4 Mon 12:55 Tue-Wed 12:55-4-7 Thu 12:55
Moi, Van Gogh (STC) Sat 6 Thu 6
Le mystere des Mayas (STC) Fri 8 Sat 4 Sun 10:45 Mon 4 Tue 8 Wed 10:45 Thu 4
Mystery of the Maya (STC) Fri 10:45-5 Sat 11:50-8 Sun 7 Mon 10:45-8 Tue 10:45-5 Wed 5-8 Thu 10:45-8
To the Arctic 3D (STC) Fri 11:50-2-3 Sat 10:45-2-3-5-7 Sun 11:50-2-3-5 Mon 11:50-2-3-5-7 Tue-Wed 11:50-2-3 Thu

11:50-2-3-5-7
Van Gogh: Brush With Genius (STC) Fri 6 Sun-Wed 6

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The Expendables 2 (13+) Fri-Sun 7-9:20 Mon 7 Tue 7-9:20 Wed-Thu 9:20
Finding Nemo 3D (G) Fri-Sun 12:50-3:10-6:50-9:10 Mon 6:50 Tue 12:50-3:10-6:50-9:10 Wed-Thu 6:50-9:10
House at the End of the Street (13+) Fri-Sun 1:10-3:20-7:10-9:20 Mon 7:10 Tue 1:10-3:20-7:10-9:20 Wed-Thu 7:10-9:20
Moonrise Kingdom (G) Tue 1-3:30 Wed-Thu 7
ParaNorman (G) Fri 1 Sat 10-1 Sun 1 Fri 3:20 Sat 10-3:20 Sun 3:20
Resident Evil: Retribution 3D (STC) Fri-Sun 12:40-3:30-6:40-9:30 Mon 6:40 Tue 12:40-3:30-6:40-9:30 Wed-Thu 6:40-9:30

Ciné-starz 1100 boul. Maloney Ouest, 819-568-8000

Dr. Seuss Le Lorax (G) Fri-Sun 12-4:25
L'Ascension du chevalier noir (G) Fri-Sun 1:35-6-9 Mon-Thu 3:35-8:35
L'extraordinaire Spider-Man (G) Fri-Sun 12-4:20 Mon-Thu 12-2:25-7
Liverpool (G) Mon-Thu 12-5:30
Madagascar 3 - Bons baisers d'Europe (G) Fri-Sun 12-1:40-3:20-7:20 Mon-Thu 12-3:50
Marvel Les Avengers: Le film (STC) Fri-Sun 12-4:20 Mon-Thu 6:35-9:05
Omertà (13+) Fri-Sun 2:25-6:45-8:45 Mon-Thu 1:40-5-6:35-9:25
La Peur dans la peau: l'héritage de Bourne (13+) Fri-Sun 5-9:05 Mon-Thu 12-2:25
Surveillance (13+) Fri-Sun 2:30-7-9 Mon-Thu 2-4:45-7:35-9:25

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Course Express (13+) Fri 6:20-8:45 Sat-Sun 12:20-2:45-6:20-8:45 Mon 6:20-8:45 Tue 12:20-2:45-6:20-8:45 Wed-Thu 6:20-8:45
Dredd 3D (STC) Fri 7-9:10 Sat-Sun 1:10-3:10-7-9:10 Mon 7-9:10 Tue 1:10-3:10-7-9:10 Wed-Thu 7-9:10
L'affaire Dumont (13+) Fri 6:45-9:25 Sat-Sun 12:45-3:25-6:45-9:25 Mon 6:45-9:25 Tue 12:45-3:25-6:45-9:25 Wed-Thu 6:45-9:25
La maison au bout de la rue (13+) Fri 7:15-9:40 Sat-Sun 1:15-3:40-7:15-9:40

Mon 7:15-9:40 Tue 1:15-3:40-7:15-9:40 Wed-Thu 7:15-9:40
La possession (13+) Fri 7:10-9:20 Sat-Sun 1:10-3:20-7:10-9:20 Mon 7:10-9:20 Tue 1:10-3:20-7:10-9:20 Wed-Thu 7:10-9:20
Resident Evil: le châtiment (STC) Fri 7:20-9:45 Sat-Sun 1:20-3:45-7:20-9:45 Mon 7:20-9:45 Tue 1:20-3:45-7:20-9:45 Wed-Thu 7:20-9:45
Retour au jeu (G) Fri 6:50-9:30 Sat-Sun 12:50-3:30-6:50-9:30 Mon 6:50-9:30 Tue 12:50-3:30-6:50-9:30 Wed-Thu 6:50-9:30
Les Sacrifiés 2 (13+) Fri 6:30-9 Sat-Sun 12:30-3-6:30-9 Mon 6:30-9 Tue 12:30-3-6:30-9 Wed-Thu 6:30-9
Trouver Nemo 3D (G) Fri 7:05-9:15 Sat-Sun 1:05-3:15-7:05-9:15 Mon 7:05-9:15 Tue 1:05-3:15-7:05-9:15 Wed-Thu 7:05-9:15

StarCité Hull 115 boul. du Plateau, 819-770-1090, cinemasfortune.ca

The Bourne Legacy (13+) Fri-Sun 12:50-3:50-7:20-10:20 Mon 7-10 Tue 12:50-3:50-7:20-10:20 Wed-Thu 7-10
Dredd 3D (STC) Fri-Sun 1-3:25-5:50-8:15-10:40 Mon 7:10-9:35 Tue 1-3:25-5:50-8:15-10:30 Wed-Thu 7:10-9:35
The Expendables 2 (13+) Fri-Sun 12:50-3:10-5:40-8:10-10:40 Mon 7:30-10 Tue 12:50-3:10-5:40-8:10-10:30 Wed-Thu 7:30-10
Finding Nemo 3D (G) Fri 3:05-5:40-8:15-10:45 Sat 12:30-3:05-5:40-8:15-10:45 Sun 12:30-3:05-5:40-8:05-10:30 Mon 7:20-9:55 Tue 3:05-5:40-8:05-10:30 Wed-Thu 7:20-9:55
House at the End of the Street (13+) Fri 12:45-3-5:30-8-10:30 Sat-Sun 12:30-3-5:30-8-10:30 Mon 7:25-9:55 Tue 3-5:30-8-10:30 Wed-Thu 7:25-9:55
L'affaire Dumont (13+) Fri-Sun 1:30-4:10-6:50-9:35 Mon 7:05-9:55 Tue 1:30-4:10-6:50-9:35 Wed-Thu 7:05-9:55
L'ère de glace: La dérive des continents (G) Fri-Sun 12:55-3-5:35-8:05-10:25 Mon 6:55-9:15 Tue 12:55-3-20-5:35-8:05-10:25 Wed-Thu 6:55-9:15
Lawless (13+) Fri 2:55-5:25-8:05-10:45 Sat 12:15-2:55-5:25-8:05-10:45 Sun 12:15-2:55-5:25-7:55-10:30 Mon 7:15-9:55 Tue 2:55-5:25-7:55-10:30 Wed-Thu 7:15-9:55
Madame Doubtfire (G) Sat 11
La maison au bout de la rue (13+) Fri 2:30-5-7:30-10 Sat-Sun 12-2:30-5-7:30-10 Mon 7:05-9:35 Tue 2:30-5-7:30-10 Wed-Thu 7:05-9:35
Mrs. Doubtfire (G) Sat 11

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The Possession (13+) Fri-Sun 1:15-3:35-5:55-8:15-10:35 Mon 7:10-9:30 Tue 1:15-3:35-5:55-8:15-10:35 Wed-Thu 7:10-9:30
Resident Evil: le châtiment 3D (STC) Fri 2:50-5:15-7:40-10:05 Sat-Sun 12:25-2:50-5:15-7:40-10:05 Mon 7:30-9:55 Tue 2:50-5:15-7:40-10:05 Wed-Thu 7:30-9:55
Resident Evil: Retribution 3D (STC) Fri-Sun 12:55-3:20-5:45-8:10-10:40 Mon 7:20-9:45 Tue 12:55-3:20-5:45-8:10-10:30 Wed-Thu 7:20-9:45
Sur la piste du Marsupilami (G) Fri 1:45-4:20-7:05-9:30 Sat 11:20-1:45-4:20-7:05-9:30 Sun 1:45-4:20-7:05-9:30 Mon 6:50-9:10 Tue 1:45-4:20-7:05-9:30 Wed 9:50 Thu 6:50-9:10 Thu 1
Trouble With the Curve (G) No Passes Fri 2-4:40-7:20-10 No Passes Sat 11:25-2-4:40-7:20-10 No Passes Sun 2-4:40-7:20-10 No Passes Mon 7:15-9:50 No Passes Tue 2-4:40-7:20-10 No Passes Wed-Thu 7:15-9:50 Star & Strollers Screening, No Passes Thu 1:30
Trouver Nemo 3D (G) Fri 2:40-5:15-7:50-10:25 Sat-Sun 12:05-2:40-5:15-7:50-10:25 Mon 7-9:35 Tue 2:40-5:15-7:50-10:25 Wed-Thu 7-9:35
The Words (G) Fri-Sun 12:45-3:10-5:35-8-10:25 Mon 7:25-9:55 Tue 3:10-5:35-8-10:25 Wed-Thu 7:25-9:55

Barrhaven

Barrhaven Cinemas
131 Riocan Dr., 613-825-2463
The Bourne Legacy (14A) Fri 6:45 Sat-Sun 12:40-6:45 Mon-Thu 5 Star & Strollers Screening Thu 1
The Campaign (14A) Fri 9:45 Sat-Sun 3:55-9:45 Mon-Thu 7:55



The Words. HANDOUT

Dredd 3D (18A) Fri 7:45-10:10 Sat-Sun 12:30-2:55-5:20-7:45-10:10 Mon-Thu 5:10-7:40
Finding Nemo 3D (G) Fri 7:10-9:50 Sat-Sun 2:10-4:45-7:10-9:50 Mon-Thu 5-7:30
House at the End of the Street (14A) Fri 7:30-10 Sat-Sun 2:30-5-7:30-10 Mon-Thu 5:15-7:45
ParaNorman (PG) Fri 7:50-10 Sat-Sun 1:10-3:25-5:35-7:50-10 Mon-Thu 5:20-7:35
Resident Evil: Retribution 3D (14A) Fri 7:40-10:10 Sat-Sun 12:35-3-5:15-7:40-10:10 Mon-Thu 5:40-8
Trouble With the Curve (PG) No Passes Fri 6:50-9:30 No Passes Sat-Sun 1:30-4:10-6:50-9:30 No Passes Mon-Thu 5:20-7:50 Star & Strollers Screening, No Passes Thu 1

Gloucester

SilverCity
2385 City Park Dr.,
613-688-8800
The Bourne Legacy (14A) Fri 1:05-4-7-10 Sat 10:05-1:05-4-7-10 Sun 1:05-4-7-10 Mon 4-7-10 Tue 1:05-4-7-10 Wed-Thu 4-7-10
The Campaign (14A) Fri 1:40-3:55-

6:05-8:20-10:25 Sat 11:40-1:40-3:55-6:05-8:20-10:25 Sun 1:40-3:55-6:05-8:20-10:25 Mon 3:55-6:05-8:20-10:25 Tue 1:40-3:55-6:05-8:20-10:25 Wed 3:30-10:25 Thu 3:55-6:05-8:20-10:25
The Dark Knight Rises (PG) Fri-Sun 1:10-4:45-8:30 Mon 4:45-8:30 Tue 1:10-4:45-8:30 Wed-Thu 4:45-8:30
Dredd 3D (18A) Fri-Sun 1-3:25-5:50-8:15-10:40 Mon 3:25-5:50-8:15-10:40 Tue 1-3:25-5:50-8:15-10:40 Wed-Thu 3:25-5:50-8:15-10:40
End of Watch (18A) Fri 2:15-4:55-7:40-10:20 Sat 11:30-2:15-4:55-7:40-10:20 Sun-Thu 2:15-4:55-7:40-10:20
The Expendables 2 (14A) Fri 12:40-3:15-5:40-8:05-10:30 Sat 10:15-12:40-3:15-5:40-8:05-10:30 Sun 12:40-3:15-5:40-8:05-10:30 Mon 3:15-5:40-8:05-10:30 Tue 12:40-3:15-5:40-8:05-10:30 Wed-Thu 3:15-5:40-8:05-10:30
Finding Nemo 3D (G) Fri 12:35-3:05-5:30-8-10:25 Sat 11:15-12:35-3:05-5:30-8-10:25 Sun 12:35-3:05-5:30-8-10:25 Mon 3:05-5:30-8-10:25 Tue 12:35-3:05-5:30-8-10:25 Wed-Thu 3:05-5:30-8-10:25
House at the End of the Street (14A) Fri 12:30-3-5:30-8-10:30 Sat 10:10-12:30-3-5:30-8-10:30 Sun 12:30-3-5:30-8-10:30 Mon 3-5:30-8-10:30

Tue 12:30-3-5:30-8-10:30 Wed-Thu 3-5:30-8-10:30
Ice Age: Continental Drift (PG) Fri 12:45-3:10-5:35 Sat 10:20-12:45-3:10-5:35 Sun 12:45-3:10-5:35 Mon 3:10-5:35 Tue 12:45-3:10-5:35 Wed-Thu 3:10-5:35
Lawless (14A) Fri-Wed 2:05-4:50-7:30-10:10 Thu 4:10-10:10
Mrs. Doubtfire (PG) Sat 11
The Possession (14A) Fri 1:15-3:35-5:55-8:10-10:35 Sat 10:45-1:15-3:35-5:55-8:10-10:35 Sun 1:15-3:35-5:55-8:10-10:35 Mon 3:35-5:55-8:10-10:35 Tue 1:15-3:35-5:55-8:10-10:35 Wed-Thu 3:35-5:55-8:10-10:35
Premium Rush (14A) Fri 1:20-3:40-6:10-8:25-10:35 Sat 10:50-1:20-3:40-6:10-8:25-10:35 Sun 1:20-3:40-6:10-8:25-10:35 Mon 3:40-6:10-8:25-10:35 Tue 1:20-3:40-6:10-8:25-10:35 Wed-Thu 3:40-6:10-8:25-10:35
Star & Strollers Screening Wed 1
Resident Evil: Retribution 3D (14A) Fri 12:55-3:20-5:45-8:10-10:40 Sat 10:30-12:55-3:20-5:45-8:10-10:40 Sun 12:55-3:20-5:45-8:10-10:40 Mon 3:20-5:45-8:10-10:40 Tue 12:55-3:20-5:45-8:10-10:40 Wed-Thu 3:20-5:45-8:10-10:40
Resident Evil:Retribution — An IMAX 3D Experience (14A) Fri 12:30-2:45-5-7:20-9:45 Sat 10:20-12:30-2:45-5-7:20-9:45 Sun 12:30-2:45-5-7:20-9:45 Mon 2:45-5-7:20-9:45 Tue 12:30-2:45-5-7:20-9:45 Wed-Thu 2:45-5-7:20-9:45
Roller Town (STC) Fri 12:50-2:55-5:10-7:15-9:20 Sat 10:25-12:50-2:55-5:10-7:15-9:20 Sun 12:50-2:55-5:10-7:15-9:20 Mon 2:55-5:10-7:15-9:20 Tue 12:50-2:55-5:10-7:15-9:20 Wed-Thu 2:55-5:10-7:15-9:20
The Tempest (STC) Thu 7
Trouble With the Curve (PG) No Passes Fri 2-4:40-7:20-10:05 No Passes Sat 10:35-2-4:40-7:20-10:05 No Passes Sun-Tue 2-4:40-7:20-10:05 No Passes Wed 4:40-7:20-10:05 No Passes Thu

2-4:40-7:20-10:05 Star & Strollers Screening, No Passes Wed 1
The Words (PG) Fri-Thu 7:55-10:15

Orleans

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The Bourne Legacy (14A) Digital, Dolby Stereo Digital Fri 6-9:05 Digital, Dolby Stereo Digital Sat-Sun 2:30-6-9:05 Digital, Dolby Stereo Digital Mon 6-9:05 Digital, Dolby Stereo Digital Tue 2:30-6-9:05 Digital, Dolby Stereo Digital Wed 6-9:05
Dredd (18A) Digital, Dolby Stereo Digital Fri 3:30 Digital, Dolby Stereo Digital Sat-Sun 12:30 Digital, Dolby Stereo Digital Mon 6:15 Digital, Dolby Stereo Digital Tue 12:30 Digital, Dolby Stereo Digital Wed-Thu 6:15
Dredd 3D (18A) Dolby Stereo Digital Fri 6:15-8:45 Dolby Stereo Digital Sat-Sun 3:30-6:15-8:45 Dolby Stereo Digital Mon 8:45 Dolby Stereo Digital Tue 3:30-6:15-8:45 Dolby Stereo Digital Wed-Thu 8:45 Dolby Stereo Digital Fri 4:20-7-9:35 Dolby Stereo Digital Sat-Sun 1:30-4:20-7-9:35 Dolby Stereo Digital Mon 7-9:35 Dolby Stereo Digital Tue 1:30-4:20-7-9:35 Dolby Stereo Digital Wed-Thu 7-9:35
End of Watch (18A) Digital, Dolby Stereo Digital Fri 3:50-6:40-9:25 Digital, Dolby Stereo Digital Sat-Sun 12:40-3:50-6:40-9:25 Digital, Dolby Stereo Digital Mon 6:40-9:25 Digital, Dolby Stereo Digital Tue 12:40-3:50-6:40-9:25 Digital, Dolby Stereo Digital Wed-Thu 6:40-9:25
The Expendables 2 (14A) Digital, Dolby Stereo Digital Fri 4:30-7:15-9:50 Digital, Dolby Stereo Digital Sat-Sun 1:20-4:30-7:15-9:50 Digital, Dolby Stereo Digital Mon 7:15-9:50 Digital, Dolby Stereo Digital Tue 1:20-4:30-

7:15-9:50 Digital, Dolby Stereo Digital Wed-Thu 7:15-9:50
Finding Nemo 3D (G) Dolby Stereo Digital Fri 3:45-6:45-9:20 Dolby Stereo Digital Sat-Sun 12:45-3:45-6:45-9:20 Dolby Stereo Digital Mon 6:45-9:20 Dolby Stereo Digital Tue 12:45-3:45-6:45-9:20 Dolby Stereo Digital Wed-Thu 6:45-9:20
House at the End of the Street (14A) Digital, Dolby Stereo Digital Fri 4:10-7:10-9:45 Digital, Dolby Stereo Digital Sat-Sun 1:10-4:10-7:10-9:45 Digital, Dolby Stereo Digital Mon 7:10-9:45 Digital, Dolby Stereo Digital Tue 1:10-4:10-7:10-9:45 Digital, Dolby Stereo Digital Wed-Thu 7:10-9:45
Lawless (14A) Digital, Dolby Stereo Digital Fri 3:35-6:20 Digital, Dolby Stereo Digital Sat-Sun 12:35-3:35-6:20 Digital, Dolby Stereo Digital Mon 6:20 Digital, Dolby Stereo Digital Tue 12:35-3:35-6:20 Digital, Dolby Stereo Digital Wed-Thu 6:20
The Possession (14A) Digital, Dolby Stereo Digital Fri-Thu 9:10
Resident Evil: Retribution (14A) Digital, Dolby Stereo Digital Fri 3:40 Digital, Dolby Stereo Digital Sat-Sun 12:50 Digital, Dolby Stereo Digital Mon 6:30 Digital, Dolby Stereo Digital Tue 12:50 Digital, Dolby Stereo Digital Wed-Thu 6:30
Resident Evil: Retribution 3D (14A) Dolby Stereo Digital Fri 6:30-9 Dolby Stereo Digital Sat-Sun 3:40-6:30-9 Dolby Stereo Digital Mon 9 Dolby Stereo Digital Tue 3:40-6:30-9 Dolby Stereo Digital Wed-Thu 9
Trouble With the Curve (PG) Digital, Dolby Stereo Digital, No Passes Fri 4-6:50-9:30 Digital, Dolby Stereo Digital, No Passes Sat-Sun 1-4-6:50-9:30 Digital, Dolby Stereo Digital, No Passes Mon 6:50-9:30 Digital, Dolby Stereo Digital, No Passes Tue 1-4-6:50-9:30 Digital, Dolby Stereo Digital, No Passes Wed-Thu 6:50-9:30

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Default/ Django Django

This U.K. band's debut record is on the short list for this year's Mercury Prize. Their self-titled debut finally gets its North American release on Tuesday.

1



I'm Not the One/ Betty LaVette

She started making soul records 50 years ago but it wasn't until she was in her 50s that she had any kind of success. If you like R&B, her Thankful N' Thoughtful should be on your to-buy list.

2



I Wanna Rob a Bank/Jason Collett

Now that Broken Social Scene is taking a long break, Jason is free to follow his muse. Reckon is his first solo record in two years.

3

Justin Timberlake. Star says he struggles to turn out new music

He brought SexyBack, but don't quite wait for Justin Timberlake to bring his music back — just yet.

The singing superstar said his music making process is fueled by life's experiences and making an album "is a really big deal."

"For me, personally, when I do sit down and decide to do it, it's just a special thing," he said in an interview Wednesday night.

Timberlake is engaged to actress Jessica Biel. He's appeared in a ton of movies in recent years, from The Social Network to Friends With Benefits. This week he's in Trouble With the Curve, alongside Clint Eastwood and Amy Adams.

His last album was 2006's FutureSex/LoveSounds, a Grammy-winning record that launched three No. 1 hits and sold more than four million units in the United States. He's appeared on songs by other musicians but has not released his own music since.

The 31-year-old said he's unlike today's artists, who constantly drop albums and



Justin Timberlake hasn't made an album since 2006.
GETTY IMAGES

singles.

"I don't know that I can pump them out every year," he said. **THE ASSOCIATED PRESS**

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McLachlan trying for more positive songs

Canadian singer.

Known for her sad, emotional ballads, the local star says she is now going for something upbeat

After releasing perhaps her saddest album yet, Sarah McLachlan says she's trying to write more upbeat material.

The three-time Grammy winner says she's penned five songs for her next disc but plans to devote more time to new material beginning in late fall, with the tentative aim of releasing a new album in 2013.

That release date might sound optimistic for the methodical McLachlan – but that's right in line with the way she's tried to view the world of late.

"I'm really working on being more positive," the friendly 44-year-old said in a recent interview from Vancouver, where she lives.

"(I'm trying) to think about what it is you want in your life, and then putting it out there, and then trying to sort of not look back.



Canadian singer Sarah McLachlan is penning songs for her next album. DARRYL DYCK/THE CANADIAN PRESS

"And that's been tricky, because in my writing, that's what I do. I look back. I reflect. And I'm really trying to be more forward-thinking in my writing."

McLachlan's effort to let a little more light into her songwriting comes after arguably her bleakest album

yet, 2010's *Laws of Illusion*.

That sad, lovelorn record was released two years after McLachlan split with drummer Ashwin Sood, her husband of 11 years with whom she shares two daughters. The album, which opened at No. 2 on the Canadian chart, found McLachlan probing

the remains of her relationship and trying to move forward.

"I went through some (crap)," she says now with a laugh as she casts her mind back to that period.

"There was a lot of real heartfelt stuff on there. But you know, there is on every

record. And I think they are all sort of postcards of where I am emotionally. And my outlook is really very positive, and I'm ever hopeful. So I'm really trying to figure out a way to interject more of that into the music.

"I don't know if I'll succeed."

Quote

"There was a lot of real heartfelt stuff on there. But you know, there is on every record. And I think they are all sort of postcards of where I am emotionally."

Sarah McLachlan
Talking about her new album.

And yet she knows that if she gets too upbeat, fans who flock to her fluttering vocals for a dose of harmonious heartbreak could be, well, heartbroken.

"Yeah, like: 'Oh my God, she's gone on Prozac,'" said McLachlan, who had to cancel a performance at Toronto's Massey Hall on Thursday. "Believe me, there's still going to be some good gut-wrenchers. Because that's my happy place."

The Building a Mystery songwriter will also be feted this weekend when she receives a star on the Canada's Walk of Fame alongside fellow inductees Randy Bachman, former CFLer Russ Jackson and late funnyman Phil Hartman. **THE CANADIAN PRESS**

Ben Folds goes from nightmares to reunion

Until his epiphany in a photographer's darkroom, Ben Folds used to have nightmares about a reunion with his old group, Ben Folds Five.

Seriously. He'd dream of getting ready for a gig and being whisked away to a theatre where Robert Sledge and Darren Jessee were waiting before a big crowd. He'd wake up sweating.

Those days are over, with the combustible trio of singer-songwriter and pianist Folds, bass player Sledge and drummer Jessee a unit again. Their first album since 1999, *The Sound of the Life of the Mind*, is out this week and they'll be on tour this fall.

Why they broke up in the first place isn't easy to explain.

"We've never even talked about it," Folds said. "We've been asked together, but when we're asked, we all sort of look at each other because we're not sure. There's a trail of emails that can probably tell you."

Folds maintained a steady, eclectic career following the breakup.

He had some conventional solo albums and made a disc with a cappella versions of his songs by him and college



Ben Folds has reunited with his old band Ben Folds Five. GETTY IMAGES

choirs. He was a judge on *The Sing-Off* and wrote music with novelist Nick Hornby.

He lived in southern Australia for several years.

While developing photos one day he recalled times when he acted like an idiot, arguments where he realized upon reflection he was wrong.

It was an emotional moment. The nightmares ended. Sledge was taken aback when Folds simply said, "I'm sorry," out of the blue one time when they talked.

Folds called his old friends

in 2008 when he was asked to perform songs from their last album live.

Any awkwardness quickly slipped away.

"I could really understand how meaningful the work was," Sledge said.

"I felt like there was a real point to this band. There's a certain level of intellectualism. There's a chemistry in this band that is not something that I've ever had in my life. It was worth jumping on a plane and flying around the world. And I missed them."

THE ASSOCIATED PRESS

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Reinventing a classic

Television. Elementary creator and stars break down their characters

AMBER RAY

Metro World News

In the new Global drama *Elementary*, eccentric detective Sherlock Holmes surfaces in New York City after a stint in rehab. He is forced to accept the aid of a sober companion, Dr. Joan Watson, to help in his recovery, though he believes his best shot at redemption is through helping his pal in the NYPD solve the city's toughest cases. Meet the modern incarnations of Sir Arthur Conan Doyle's crime solvers.

Sherlock Holmes,
played by Jonny Lee Miller

His past

"Oh, yeah — he's definitely

got mental issues," Miller says. "I wouldn't say a mental illness or anything like that, but he's got issues, personal issues."

Series creator Rob Doherty teases that "something terrible happened to (Sherlock) in London. He spiralled out of control. Our Sherlock has emerged with what I think is at his core just a tiny kernel of self doubt where one previously never existed."

Miller — whose own tattoos are visible in character — says that inner turmoil is what makes the brilliant, yet socially inept, Sherlock relatable.

"He struggles with his own sense of self," Miller says. "People can identify with that."

The present

Whereas some incarnations of Sherlock may have been considered sociopathic, the detective in *Elementary* isn't simply seeking the thrill of the chase when he takes on a new case.

"Our Sherlock is a puzzle



Lucy Liu stars alongside Jonny Lee Miller in *Elementary*. HANDOUT

solver," says Doherty. "I see him as someone who is driven ... to do the right thing, to help people. At the end of the day, he believes in justice. It's not just about putting bad guys behind bars. Helping people and doing the right thing are factors that play into it as well."

His future

If there is one foe that de-

fines Sherlock, it's Moriarty. Doherty promises the detective's nemesis will factor into the series, but is reluctant to give away too many details.

"He was such a shadowy figure," Doherty says. "I think he was described as the spider at the centre of the web of crime in London. He's the man behind the man behind the man. In other words, there are a few dominos we knock

over before we ultimately get to him."

Dr. Joan Watson
Played by Lucy Liu

Her past

Though Watson may not act out like the abrasive, dysfunctional Sherlock, the doctor may be just as damaged as her charge.

"She was a surgeon and lost her licence, which gives her sort of a dark past that we still don't know about (in the pilot), and we may not discover for a little while," Liu says. "What we want to do is introduce the audience to the characters, and then sort of slowly unravel a little bit about her personal history."

The present

Watson's obligations to Sherlock are professional — keep him sober and safe — until she realizes she's not such a bad private investigator herself.

"(Watson) is on the sideline (in the pilot), observing

him, because she's his sober companion," Liu says.

"So she's not engaged in the mystery. She's engaged in him, and from that point on, then you get to see how that sort of blossoms out."

Her future

With a female Watson as Sherlock's sidekick, is a hookup imminent? Going back to the source material, Liu notes Sherlock's "awkward relationship with the other gender." Making his trusted companion a woman, she says, "is a constant reminder of that awkwardness and that division between being a friend," or something more. Miller insists the friendship is core to *Elementary*, just as it has been in all other takes on crime fighting duo. But sexual tension, he admits, is inevitable.

"There is that element, and people are going to wonder," he says. "But then wondering and asking questions is something that you really want your audience to do, isn't it?"



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PHOTO: JAMES MANN

Stars share their Emmy-day RXs

Attending the Emmy Awards as a nominee is the kind of heady experience that sends even veteran actors' and show-runners' tummies aflutter. But, of course, the show must go on. Stars say they turn to booze, tunes and deep breaths to prepare for such moments. Here's what some of this year's nominees would prescribe for a case of Emmy-day nerves on Sunday.

THE ASSOCIATED PRESS



Jesse Tyler Ferguson, Modern Family

"Oh, gosh. Maybe some vodka. A flask of vodka, I think. Don't you think? Oh, absolutely. Maybe a Quaalude. Perfect. There you go."

ALL PHOTOS THE ASSOCIATED PRESS
EXCEPT WHERE OTHERWISE NOTED



Amy Poehler, Parks and Recreation

"Oh, you mean pharmaceutically? Hmm. Baby aspirin. Baby aspirin and maybe just like a small children's pool of sangria."



Maya Rudolph, Saturday Night Live

"Champagne always makes a person happy. At least a bottle. Yeah. For myself."

GETTY IMAGES



Mayim Bialik, The Big Bang Theory

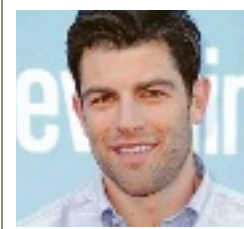
"Music. Music. I'm going to vote for either Adele's 21 or Decemberists' The King is Dead. Music soothes the savage beast."

GETTY IMAGES



Zooey Deschanel, New Girl

"Actors, the thing is, we're used to getting nervous. That's sort of our thing. You get nervous and you know how to get through it. Otherwise, we wouldn't be able to go on stage or shoot.... I would say if I'm nervous, I would just drink a glass of water and take a deep breath."



Max Greenfield, New Girl

"A case of presence. Yes. Not 'presents.' Presence. Yes, we want to bring ourselves into the present moment and say, 'Hey! Look at this. Look what's happening. Let's be grateful for this moment and take it all in.' You know what I mean?"

Guest-star dream roles

While these stars have earned repeat Emmy nods for their regular gigs, that doesn't mean they don't have their eye on some sweet guest-star work. Producers, take note: Here's a look at the shows these nominees would love to try.

THE ASSOCIATED PRESS

1

Christina Hendricks, Mad Men

"I'd love to do a guest spot on Downton Abbey. I'm absolutely in love with Homeland. I think it's amazing. I would do anything they asked me."

ALL PHOTOS GETTY IMAGES



Julie Bowen, Modern Family

"Oh God, I don't know. Dynasty? I just want to wear really big shoulder pads and have crazy big hair."

2

3

Bill Paxton, Hatfields & McCoy's

"I would love to do a part on Boardwalk Empire. I'd have to play some guy that comes out from the West, a new hitter in town."



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Forget running: Just dance instead

Television. DWTS's Tony Dovolani talks dancing for health

LINDA CLARKE
Metro Boston

Dancer Tony Dovolani took time out of his hectic Dancing With the Stars schedule to talk to us about how your Saturday swing class does wonders for your body.

Why is dancing a great way to stay fit?

There's a number of ways that dance improves your health. For one thing, it's a social activity. When you're dancing, you're not staring at a treadmill, you're staring at another person — it's interactive. Physically, it works out every part of the body; it works muscles you forget about — small muscles. Dancing burns around 275 calories in a 45-minute session.

That's more than running.

What styles of dance give the best workout?

Foxtrot and jive. They build up a lot of stamina. The rumba, too. Some slow dances are great because they require more control and balance. Any ballroom dancing with a partner adds pressure. When you dance by yourself, you have no resistance. When you dance with a partner you have control, you are more aware and the mind is engaged, too.

What should you look for in a dance class?

Start with salsa: It's simple and there's a lot of hip action, which works the mid-section.

Are there certain dance moves that people should incorporate into their exercise routine?

Stretching exercises are so important. They activate the body. ... It doesn't need to be extensive if you do it right.



Tony Dovolani. HANDOUT

Five minutes gets the whole body activated and you're good for the day.

How does what you wear affect how you move?

Start with the right shoes. This is not a pitch. If you are a tennis player or a mountain climber, you wear the right shoes.

I worked on a new design with Capezio that gives the right support and tension. The shoe should have flexibility and strength. All exercise is balance-based and without shoe support, you can hurt yourself. People ask me what's the secret of being a great dancer and I say great balance.



SOURCE: PMB 2012 Spring
Readership Survey
Base: Ottawa-Gatineau CMA

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Which sitcom is for you?

Fall TV. Television is crowded with comedy this fall. Thanks to our handy flowchart, DVR overload is a thing of the past. To start, choose whether you prefer the company of friends or family



Go On
Matthew Perry stars as a recently widowed sportscaster who finds wacky but loving new friends in a grief support group. Now airing Wednesdays on Global.

The New Normal
Every family has a little crazy in it. The loose screw comes in the form of a bigoted grandma (Ellen Barkin) in this sitcom. A committed gay couple (Andrew Rannells and Justin Bartha) hiring a single mom (Georgia King) to carry their child may seem untraditional, but their situation is full of love (and some biting funny moments) regardless. Aired Tuesday on CTV.

Ben and Kate
Slacker Ben (Nat Faxon) and frazzled single mom Kate (Dakota Johnson) are odd couple/best friend siblings who become roommates when perennial couch surfer Ben moves in for good. Their affectionately antagonistic relationship will ring true if you grew up close to a brother or sister you also wanted to strangle. Premieres Tuesday, Citytv.

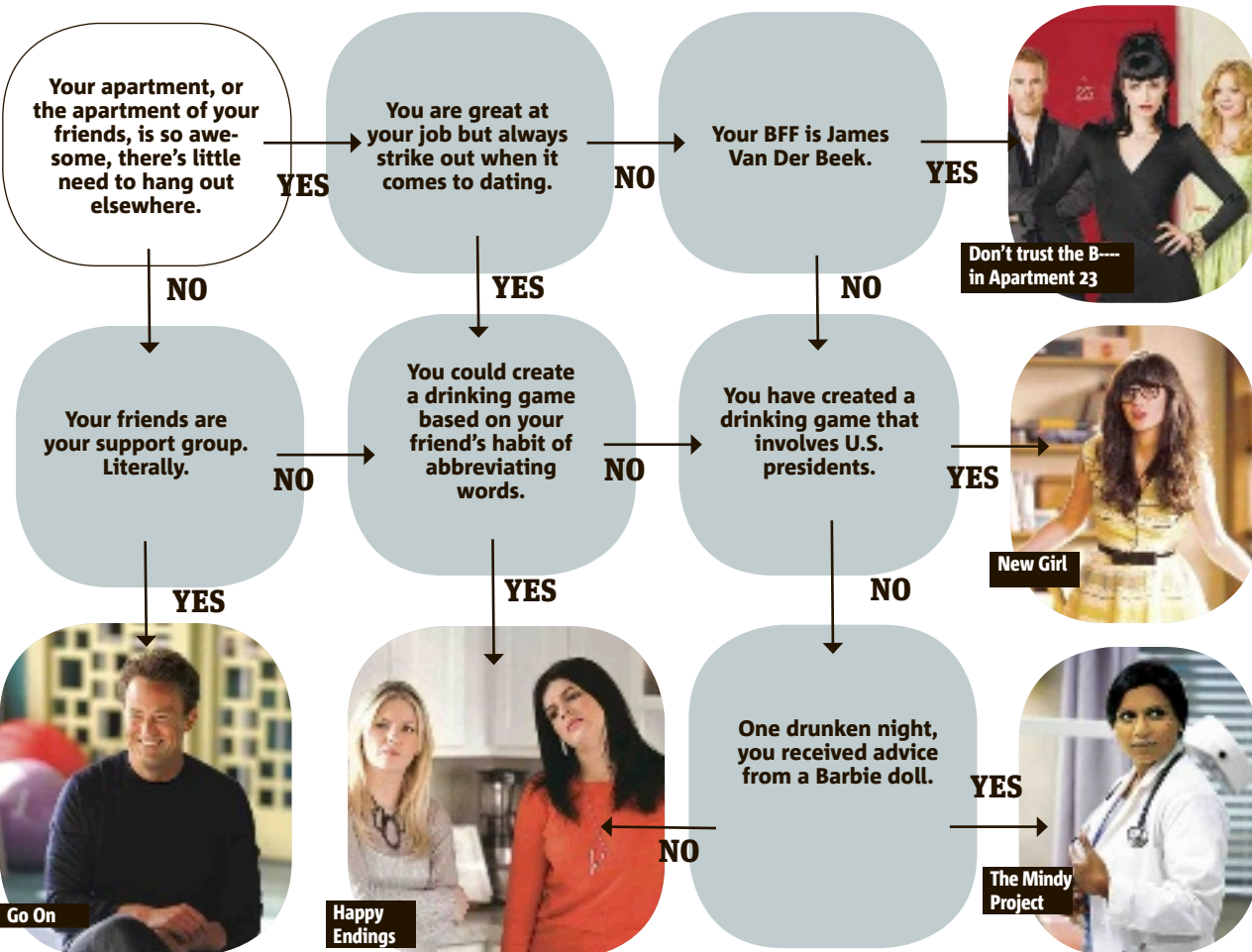
New Girl
As Jess' (Zoe Deschanel) "adorkable" factor was toned down and focus was put on her friendship with her male roommates (Max Greenfield, Jake Johnson and Lamorne Morris, who proved just as capable playing goofy as their female counterpart), New Girl grew to become last season's best buddy comedy — complete with a drinking game, True American. Premieres Tuesday, Citytv.

The Mindy Project
The reasons we fell in love with New Girl apply here — Mindy (Mindy Kaling), an OBGYN who doesn't look like she's moonlighting as a runway model, is successful in her professional life but a total failure when it comes to love. A vet of The Office, Kaling brings optimism to the most cynical comedy — the New York City dating scene — even if she does resort to taking advice from a toy. Premieres Tuesday, Citytv.

Raising Hope
The Chance family (Cloris Leachman, Martha Plimpton, Garret Dillahunt, Lucas Neff) thrives on chaos. Though the show often hits on white-trash humour, what the family lacks in funds — or smarts — they make up for in heart. Premieres Oct. 2, Citytv.

Don't Trust the B---- in Apartment 23
If it weren't for con artist Chloe's (Krysten Ritter) loyalty to equally egotistic pal James Van Der Beek (playing a heightened version of himself) or admiration for new roomie June (Drea Walker) who lost her big-time NYC gig but won't let the city get her down, Chloe really would be a queen B. Premieres Oct. 22, Citytv.

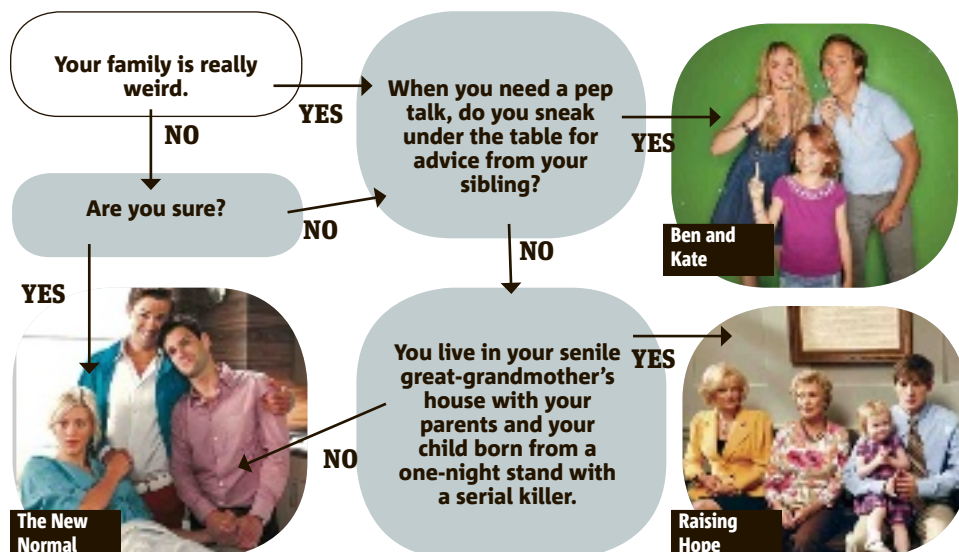
If you prefer to hang out with friends...



Also new on ...

- Vegas. Dennis Quaid plays reluctant lawman Ralph Lamb, based on a real-life sheriff who tried to clean up Vegas in the 1960s. Standing in Quaid's way is Michael Chiklis, who plays the gangster archetype with roguish delight. Premieres Tuesday, Global.
- Emily Owens, M.D. Mamie Gummer scrubs in as a doctor whose worst nightmare comes true — the social hierarchy at her Denver hospital — is just like high school. Premieres Oct. 16, CTV Two.

If you prefer to hang out with family...



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A devil of a deal

Finding the perfect Manhattan rental is about as easy as making your wildest dreams come true. Residents at The Drake get both — for a price — on 666 Park Avenue, which premieres Sunday, Sept. 30, on Citytv

**AMBER
RAY**

Metro World News in New York

Tenants at The Drake really need to start paying more attention to the fine print on their leases. Sure, the address is great, but signing away your soul is a commitment that's difficult to negotiate your way out of on ABC's new supernatural drama, 666 Park Avenue.

The Drake owner Gavin Doran and his wife, Olivia, take special interest in the aspirations of their tenants, particularly those of new building managers Henry Martin and his girlfriend, Jane Van Veen. Before evil forces evict them, meet the new neighbours.



Gavin Doran, owner of The Drake

Is Gavin a representation of the devil? Terry O'Quinn has an interesting take on his self-interested, wicked character. "My theory is that Gavin's kind of a sharecropper on the plantation of evil," the actor says. "He plants the seeds. He only gets half the harvest. He has to feed some back to the building, but he gets his share and he uses people to his own ends." As for the existence of evil in the real world and people's abilities to indulge in deplorable behavior, O'Quinn — who has played his share of bad guys onscreen — believes "it's in (the human) colour wheel. Just depends on how strong it is in yours."

Olivia Doran, wife of Gavin

When Vanessa Williams first read the 666 Park Avenue script, she immediately likened the wealthy real estate icon Gavin to notorious Ponzi schemer Bernie Madoff. "(The Madoffs) had incredible land holdings all over that people knew about and they had a great amount of wealth. And then we all saw the dark side." As for the well-appointed Olivia, Williams says she views her character as "kind of like a mafia wife, where (Gavin) has supreme power. She is aware of a lot of things that happen that are unfortunate. She doesn't know everything in all the details, but she is aware of the makings of what goes on at The Drake."



Henry Martin, The Drake co-manager

Freshly transplanted from the Midwest, Henry and Jane's eagerness for the promise of New York City may be their downfall. "There's a reason why they moved to New York, and that's their ambition," Dave Annable says. "And I think that Henry and Gavin, their storylines will intertwine. Gavin takes Henry under his wing. I'm very curious to see how that's going to affect Henry and Jane's relationship over the course of the season."

Jane Van Veen, The Drake co-manager

New to New York herself, Rachael Taylor relates to the allure of The Drake. "I just looked for an apartment in New York City and it was really distressing," she admits. As for what happens after Jane and Henry move in, Taylor says the show strives to keep all of the scary supernatural stuff as grounded as possible. "If you have an instinct that something is a little bit creepy-deepy, you will rationally try and resist that as long as you can, because no one wants to really believe that there's a ghost in their basement," she says.



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A Revolution is beginning

Television. New Citytv fantasy imagines a world with no electricity, but plenty of adventure

AMBER RAY

Metro World News

Life in a post-apocalyptic world is pretty depressing stuff — just check *The Walking Dead* or *The Hunger Games*. But dystopian drama doesn't have to be quite so dark, even if all of the lights go out.

The new NBC (Citytv in Canada) drama *Revolution*, from fantasy masters Eric Kripke (*Supernatural*), J.J. Abrams (*Lost*) and Jon Favreau (*Iron Man*), imagines a world where the electricity suddenly shuts off. Fifteen years later, America sans TV and Twitter is a lawless, dangerous place. But the show makes surviving on your wits with primitive resources look, well, kind of fun.

"It's an adventure show," says Tracy Spiridakos, who plays *Revolution* lead Charlie.

"People view it as a post-apocalyptic sort of thing but it's not. There's a lot of heart."

Her father murdered and brother kidnapped by militia leaders, we meet the cross-bow-wielding Charlie as she heads to Chicago to enlist the aid of her estranged uncle in the search for her sibling. Fight scenes with swords certainly add to the swashbuckling dynamic of the series, but more stylistic than the show's out-of-date weaponry is its old-fashioned approach to character building within a complex mythology.

Through Charlie's heartfelt, family-first mission of "find my brother," the reasons why the power went out and what happened in the aftermath are slowly revealed. Her perspective, so honest and full of good intentions, is what gives the show its light.

"Charlie has grown up in this world (without electricity); it's just life to her," Spiridakos says. "She comes across some crazy, intense things as the series goes on,

Not Mad Max

- Producers brought levity to the lights-out drama by focusing on characters, like Charlie, who don't view a lack of electricity as a disaster.

- "While people are struggling to hold onto shreds of the old society and struggling to get the lights back on and figure out the solutions to the mystery, there's Charlie's genera-

tion, who see this almost as a pastoral, simple place that they grew up," explains producer Jon Favreau.

- "This is the only world they know. And we wanted to show a lot of the show through their eyes so it didn't feel like *The Road* or *Mad Max*, but instead felt like this wonderland," added Favreau.

and she's obviously in a lot of danger a lot of the time, but she sees the good in people. She's not jaded. Even though she has seen a lot of death, she's still full of love no matter what. That's what drives her."

State of panic

"Charlie's mission is Danny right now, her main drive, who is her baby brother, he's all that she has left, even though Miles is her uncle and her family, but Danny is her heart and soul and she's terri-

fied as to what might be happening to him," Spiridakos says.

"It's not only about getting him back, you worry about what it is that's being done to the person you love and care about in the hands of these awful people who do these awful things to everybody else, what makes her think that they're not going to do it to her brother, she's constantly in a state of panic almost trying to get to him and trying to sort out how it is to get him back."



Greek-Canadian actress Tracy Spiridakos stars in *Revolution*. HANDOUT

METRO CUSTOM PUBLISHING

GLOBAL EDUCATION

VISIT THE STUDY AND GO ABROAD FALL FAIR

The cross-Canada fall Study and Go Abroad Fair circuit, which will take place in Ottawa on Sept. 26 at the Ottawa Convention Centre, offers students another great opportunity to meet face to face with representatives from top-ranked universities from around the world, as well as student travel organizations offering volunteering, work abroad internships, and adventure travel. The expo is open to the public and admission is free of charge.

The trend towards "internationalizing" education in Canada continues in an upward spiral as generation Y realizes the importance of becoming "global citizens." Skills learned while studying abroad can enhance a resumé and differentiate graduates from their peers when applying for that



dream job. Students and their families visiting the Study and Go Abroad Fair can meet with top-ranked universities from around the world to find out about diploma programs, undergraduate and postgraduate programs abroad, as well as available scholarships.

Exhibiting institutions, several of which rank in the top 100 universities worldwide, will be showcasing programs in medicine, pharmacy, hotel management, business, technology, science, public health, culinary and liberal arts, and many other fields.

Visitors to the fair are encouraged to come early at noon to listen to guest speaker Nancy Gill from Campus-France Canada, who will talk about the many study and work opportunities in France.

Exhibitor profiles, scholarship information and seminar schedules for the Study and Go Abroad Fair can be found online at studyand-goabroad.com, along with details of the grand prize draw. Prizes include an Air Canada international flight, an iPad and two volunteer trips abroad to exotic locations.

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AIR CANADA



Shakira. ALL PHOTOS GETTY IMAGES

Shakira's hips didn't lie

After months of speculation, Shakira has confirmed that she's pregnant.

"As some of you may know, (boyfriend) Gerard (Pique) and I are very happy awaiting the arrival of our first baby," the singer posted on her website.

"At this time we have decided to give priority to this unique moment in our lives and postpone all the promotional activities planned over the next few days." Shakira was scheduled to

Quote

"We have decided to give priority to this unique moment in our lives."

Shakira
On taking time off.

perform at the iHeartRadio-Festival this weekend in Las Vegas, but she's cancelled the appearance.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Amanda Bynes takes on drunk driving rumours



THE
WORD
Dorothy Robinson
scene@metronews.ca

Amanda Bynes may be making headlines regularly for her troubles behind the wheel and her increasingly erratic behaviour, but the actress herself is "doing amazing," she tells People magazine during a phone call this week.

"I am retired as an actor. I am moving to New York to launch my career. I am going to do a fashion line," she says.

"I am not talking about being arrested for DUI because I don't drink, and I don't drink and drive. It is all false."

But while the former Nickelodeon star herself may think everything's

fine, her nearest and dearest aren't so confident.

"People around Amanda are really concerned about her," a source tells the magazine. "She tells people she doesn't party or drink. She doesn't realize she has a problem."

And her behaviour is getting even weirder.

On Tuesday night, she was kicked out of a spin class at her L.A. gym, per TMZ. Apparently, the class had started but Bynes stopped cycling and started wandering around the class. Once she found another bike, she hopped aboard but then took off her shirt, revealing a "tiny black strapless push up bra ... not a sports bra," says a witness.

She cycled a bit more and then stopped to apply make-up for a full 10 minutes before the instructor threw her out.

This is sad.

All of these stories on Bynes' increasingly weird behaviour reminds me of Brittany Murphy — and we all know how that turned out.



Monica Lewinsky

Lewinsky cashes in on sexy letters

Fourteen years after revelations of her affair with Bill Clinton rocked the White House, Monica Lewinsky is reportedly telling all with the publication of her love letters to the then-president, according to Page Six.

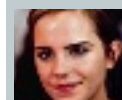
The former White House

intern was paid \$12 million for the letters, sources say.

"In them, she opened her heart about her love for Bill and how much happier she could make him," a source says.

"Some of what she wrote was so raw that she never sent them."

Twitter



@EmWatson

Apparently I'm 'dangerous! I can't do anything to stop these people so please take care and only go to official sources



@JimCarrey

It's getting far too easy to set the world on fire.



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This recipe serves eight. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

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Layered Tortilla, Chickpea, Tomato & Cheese Lasagna. Prepare ahead, freeze and bake when ready



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This is one of the most beautiful and delicious recipes to serve. Use a variety of coloured tortillas to make it even more spectacular. When this dish is cut open to expose the tomato sauce, vegetables and cheese, it looks amazing.

1. Preheat oven to 350 F. Lightly coat a 9-inch springform pan

with cooking spray.

2. Lightly coat a non-stick saucepan with vegetable oil and set over medium heat. Add the corn and sauté, stirring often, for about 8 minutes or until slightly charred. Set aside.

3. Add oil to saucepan and keep over medium heat. Add onion and garlic and cook for 4 minutes, stirring occasionally. Stir in the red and green peppers. Cook for 3 minutes, stirring occasionally. Stir in the tomato sauce, charred corn, basil, chili powder and cumin. Cover and cook over medium heat, stirring occasionally, for 10 minutes or until slightly thickened. Remove from the heat.

4. Place the chickpeas in a bowl and mash them roughly with a fork. Add to the vegetable mixture and stir to combine.

5. In a separate bowl, combine ricotta, mozzarella and cheddar cheeses (but reserve 1/4 cup of the cheddar for garnish). Add the milk and salt and pepper and stir until well combined.

6. Place a tortilla in the prepared springform pan. Spread with one quarter of the vegetable-chickpea mixture. Sprinkle with one quarter of the cheese mixture. Repeat the layers 3 times. Top with the final tortilla and sprinkle with the remaining cheddar cheese and the Parmesan cheese. Cover the pan tightly with foil.

7. Bake for 20 minutes in the preheated oven, then uncovered for 10 minutes or until it is completely heated through and the cheese has melted. Cut into 8 wedges with a sharp knife.

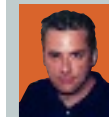
ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 1 cup canned corn, drained
- 2 tsp vegetable oil
- 1/2 cup chopped onion
- 2 tsp finely chopped garlic
- 1/2 cup each chopped red and green bell pepper
- 2 cups tomato sauce
- 1 1/2 tsp dried basil
- 1 tsp chili powder
- 1/2 tsp ground cumin
- 2 cups canned chickpeas, drained and rinsed
- Filling**
- 1 cup light ricotta (5 per cent)
- 1 cup shredded low-fat mozzarella cheese
- 3/4 cup shredded light cheddar cheese
- 3 tbsp low-fat milk
- pinch of salt and pepper
- 2 tbsp grated Parmesan cheese
- 5 large flour tortillas

Liquid Assets

Your guide to oyster-friendly wine



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

When you grow up in Nova Scotia, you quickly come to realize that a few things are pretty much a given. 1) You must own Anne Murray's Greatest Hits. 2) Even on a bad day, you have to be friendly to tourists. 3) You're born with a love of fresh seafood.

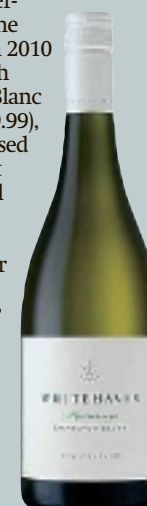
As a bluenoser, I was brought up on more than just lobster. Scallops and mussels were a menu regular at my house. Sadly, the one mollusk that eluded me as a kid was oyster.

Now that I can eat what I want, I like nothing better than to shuck my way through a dozen or so of our country's amazing oyster output over a glass of one of the many wines that pair so well with them.

If you're up for the classics, a dry French Chablis, Muscadet or anything with champagne in its name is a marriage made in heaven.

A modern take on the perfect pairing is any vino made from sauvignon blanc. New Zealand makes rock solid versions with the Whitehaven 2010 Marlborough Sauvignon Blanc (\$17.99 - \$19.99), a citrus-infused wonder that plays so well with oysters when both meet in your mouth.

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On the web



Qriket

Ming, Mario, Marc, Masaharu: celeb chefs team with Matt Damon to raise money for cancer cause

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MIX OF SIX
Samantha Everts
ottawa@metronews.ca



White night in Ottawa

Nuit Blanche is out to prove life is indeed beautiful in this city. Spread out mainly in the Market and Hintonburg, thousands of people will skip sleep for the free all night arts and culture extravaganza. A not-to-be-missed event filled with artists and performers of all kinds. Sept. 22. Nuitblancheottawa.ca



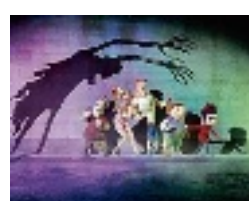
'Motivational crowd karaoke'

Halifax born indie-dance rocker Rich Aucoin describes his music as "Motivational Crowd Karaoke" and it's near impossible to not sing along with a giant grin to his live show. Touring on his just released electropop explosion album *We're All Dying To Live*, Aucoin will be playing at Ritual. Sept. 21. Richaucoin.ca.



X marks the fest

Festival X is a 10-day photography festival that will present multiple exhibitions in various venues. Transforming video, sculpture and print into photography all pieces explore the idea of New Ways of Seeing. Exhibits include *Fille de Rois* by Geneviève Thauvette of re-imagined coat of arms and SPAO students' *Développé* of professional dancers. Sept. 20-30. Festivalx.ca



Animation nation

Whether you're a cartoon fan or film buff, the Ottawa International Animation Festival is sure to entertain. The largest festival showcasing the most cutting-edge and quirky animation video will feature flicks both regional and from around the world. This includes *Run Wreck* (who has animated for U2 and Oasis) shorts including *Meatheads*. Sept. 19-23. animationfestival.ca.



The Largest Heavy Horse Show in Canada

You may forget to watch where you step when the smell of candy apples and screams of glee first hit you at the fairgrounds. The fall tradition turns 149 and still leads as Largest Heavy Horse Show in Eastern Canada. After, let the kids run wild at the midway. Sept. 20 to 23. Carpfair.ca



Ian Foster at Pressed

Singer-songwriter Ian Foster has travelled from his hometown of St. John's in support of his new album *The Evening Light*. The one-man show is a born story-teller that will have audiences cracking up between his guitar-driven songs. Local songstress Jill Zmud also joins Foster at Pressed. Sept. 21. Ianfoster.ca

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LOCAL TREND DOMINATES

Ottawa has no one particular style of cooking. In this politically driven town, people travel and try new things, new chefs come to town and food bloggers are always prattling on the next place you “gotta try.” The food scene for the city has never been more exciting but it all begins with one trend dominating the rest: Go local.

Each neighbourhood has recognized the demand for farm fresh and local products with markets opening up in Westboro and Bayshore this year, in addition to the Little Italy market that opened the summer before. Each weekend regular people stock up on fruits, vegetables, honey, grass-fed meats and free-range eggs while being able to talk to producers passionate about what they do.

We are spoiled in that we don’t have to go 100 miles; Ottawa is in a greenbelt overflowing with agriculture wealth. Proud signs over market stalls clearly state “Savour Ottawa” meaning it was harvested close to home. A growing craft beer community has inspired new beer festivals and sent us into small bars that pair that locally cured meats and cheese with a tall regional brew. (Has anyone seen Kitchissippi’s



Beer Bike go by?)

But in this desire to return to comfort food and home Ottawans want to be able to walk or bike to their neighbourhood restaurant. A gourmet tacostand in what used to be a parking lot sits next to a homestyle donut shop in Hintonburg and along Gladstone a café turned concert venue is always full. The food truck craze

with Trailer Pork Boys and Stone Soup Foodworks pulling up at festivals and government buildings has introduced Ottawa to new versions of comfort and allowed an easy transition for trying the fine dining versions.

As a finalist in Top Chef Canada, Jonathan Korecki, of Sidedoor, beautifully represented the culinary creativity and

expertise coming from Ottawa chefs.

Only a year ago, planning a fine dining experience in Hintonburg would have raised some eyebrows but a whole strip of restaurants have popped up popularizing regional food. Backlane Café and Hintonburg Public House serve up that same farm produce to full tables each night with a rustic, yet refined style.




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MARITIME HOSPITALITY ABOUNDS AT CAT'S FISH AND CHIPS

HOLD ON TO YOUR BEAVERTAILS, OTTAWA, THERE'S A NEW CATCH OF THE DAY.

Husband and wife team Dave (Skipper) and Catherine (Cat) Waltham teamed up to open what is destined to become a family seafood paradise. Open since May, head chef and co-owner Dave Waltham worked in restaurants for more than 20 years and always dreamed of the place that inspired him as a child. “I’ve been fascinated with the Maritimes since I was two years old,” he said. That same friendly Maritime hospitality fills the painted blue ocean-style house and deck (complete with boat wheels) along St. Laurent.

“People want traditional when it comes to fish and chips,” said Skipper. The Cutlass Haddock in beer battered or breaded (with a gluten-free option soon) has won over English and Maritime ex-patriots alike. The secret is in the batter using Barking Squirrel beer, according to Waltham who won’t



divulge their signature seasoning. The fried Haddock has a light savoury coating and fish juicy, flaking apart easily, bursts with flavour with a squeeze of lemon. It is served in newspaper atop crisp handcut French fries and creamy Sea Slaw.

The menu is traditional but whimsical, with names like Stowaway Sides and Boom Boat Steak. The Lifeboat Basa, a pan-fried Vietnamese fish similar to sole rubbed with Cajun spices, are things that the Walthams are eager to share. “We wanted something different [on our menu],” says Skipper.

FARMTEAM

LOCATED IN THE HEART OF THE GLEBE, FARMTEAM HAS A LOT TO OFFER.

The atmosphere at the FarmTeam is rustic, rough and elegant all at the same time. From the weathered barn-board walls and antique accents to the ambience, which is inviting and casual. It's designed to look like it's been here forever while being relevant and comfortable.

Whether you're coming in to catch a football game with your buddies, out for cocktails with your girlfriends, or looking for a relaxed spot for family dinner, there's something at FarmTeam for everyone.

When you come in for lunch, try one of FarmTeam's fresh sandwich specials with their famous homemade soups. For dinner, the braised beef short ribs and the pork shank have already both acquired a following.

The FarmTeam has 11 beers on tap with some micro-brews, such as Beaus,



St. Ambrose, and a house beer brewed specifically for FarmTeam by Nickelbrook called Barn Dog Ale.

So as we are gearing up for fall and winter, check out this new spot the Glebe is buzzing about. Whether you're staying warm in elegance in front of the roaring fireplace, or catching the game on one of the six flatscreens, it's always a good time at the FarmTeam.

WOODY'S AN URBAN PUB

When you walk into Woody's, you know you are somewhere special. The atmosphere is calm and welcoming, the feel is "shabby-chic," and the music is fresh and different. If you are coming for food and drinks or just a late-night experience, Woody's is an ideal environment to have a good time. Whether you are looking to find a cosy corner for an intimate conversation, relaxing beside the fire after a long day, meeting new people at the bar, live entertainment, karaoke, or gathering with a large group of friends for a fun night out, the space that Woody's has is set up to meet your needs.

Woody's is an urban pub. An urban pub is a representation of the city life; a fusion of today, yesterday, the local community and the rich diversity of the city it's in. It takes on the new and cool of the

now while holding on to the established strengths of the past. Within the community, it is a social gathering point for everyone to enjoy throughout the week. It is a staple of social life in the city.

Woody's offers a range of food from traditional pub fare and local Canadian favourites to trendy multicultural dishes and chef features. It has been working with local suppliers to bring a fresh new flavour to the table, supporting local companies and providing a better product to their patrons. Freshly baked bread, never frozen fries, traditional butter chicken, premium Angus chuck burgers and the Barn Dog Ale are a few examples of the direction it is looking to take the pub's menu. Barn Dog, a locally brewed micro-beer, is at the forefront of Woody's 14-tap beer selection.



CUISINE

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BEER-INSPIRED DISHES ON THE MENU AT CLOCKTOWER

BEER-BATTERED ONION RINGS ARE JUST THE BEGINNING OF WHAT'S BEING DONE WITH CLOCKTOWER'S LIQUID GOLD.

While there's plenty of savoury to snack on, there are many more culinary skills and creativity are going on behind the scenes than your average pub with executive Chef Matt McFarlane responsible for Westboro's kitchen, Clocktower's newest

location. He has been banging out beer-inspired (or spiked) dishes since 1998 at the restaurant.

Using the most seasonal and fresh produce available, the jumping point for any dish is deciding which beer does it go best with. "Cooking with beer is awesome," said McFarlane. (A recommended pairing of one of the six house beers are listed below each menu item.) McFarlane's personal favourite is the Pumpkin beer, and it's a good thing because the new fall menu is centred all around it. "When everyone is excited about it we've got a nice combination of food," he said.

"It's absolutely a celebration of the harvest," he explained. Pumpkin is getting added "to everything," be it pumpkin puree, spice or beer. "I find it's easy to



Executive Chef Matt MacFarlane and his seasonal butternut squash bruschetta at the Pumpkin Beer launch.

SAMANTHA EVERTS PHOTO

use because it goes so well with things like curry, in big chunks, [or] puree goes into barbeque sauces so[that] chicken wings [are served] with pumpkin bbq sauce." One of the Clocktower's most popular dishes is the Pulled Pork sandwich that is marinated overnight in dry rub of paprika and thyme then cooked slow simmered in Red Beer so that it's so tender it just melts off the bone. "It really brings the sweetness out," said McFarlane.

You can taste how much McFarlane enjoys the freedom of creating a menu of delicious weekly specials with The

Clocktower. On our last visit the Fall pizza was a sneak of what's to come with maple roasted butternut squash, caramelized onions, thyme and gouda. "It's really rich," said McFarlane "Smoked gouda really brings out the smokiness in the Red beer."

He's looking forward to adding healthy chunks of squash, cauliflower and pumpkin to vegetarian entrees as well. "It's really great we get to do something new each week," he said. It's safe to expect the same level of dedication and skills with the pumpkin beer in the weekly specials that will reflect it.

BREWMASTER PATRICK FIORI'S PUMPKIN BEER RETURNS TO PUB

The Clocktower prides itself on creating memorable, great-tasting, full-flavoured beers. Speaking with the brewmaster, Patrick Fiori, the passion never runs dry. Brewing in small batches with an education in brewing, Fiori's attention to detail and use of authentic ingredients and no preservatives mark the five house beers. After studying biochemistry in university, Fiori turned his focus to beer and attended the Birling Distillery in Scotland. A few years later at his new brewery home at the Clocktower on Bank Street, he brewed a seasonal beer that Ottawans haunts their tastebuds' dreams. No, it's not butterbeer, it's pumpkin beer.

"People call us all year asking when it's going to be out," said Fiori and the bartenders alike are eager to serve it up during the six weeks around Thanksgiving that it is available. The Pumpkin seasonal beer runs at about 5 per cent alcohol and is "extremely drinkable." With delicate notes of ginger and nutmeg on top of actual pumpkin, the beer has "the aroma and flavour to a pumpkin pie," said Fiori.



Brewmaster Patrick Fiori serves up a pint of Pumpkin Beer.

SAMANTHA EVERTS PHOTO

It has the colour of dark orange to amber and as it warms up the pie flavour will present itself more.

Given the popularity, he was very excited to launch the brew for the fifth year. "We've gone from just a few kegs to tons," he said. He said that because of the spices in the beer is "a bit more versatile" and would recommend pairing it with stew or turkey burger.

Fiori said that the beer culture in Ottawa is still young, "It's definitely a growing trend and I want us to be very good at it as a company."



FIRST IN OTTAWA TO MAKE THEIR OWN CRAFT BEER

The Clocktower Pub has a long history with Ottawa's beer drinkers. Many new cafes and bars are jumping on the local beer trend, but Clocktower has risen above to remain a great spot for friends to share a pint as the first pub in Ottawa to make their own craft beer. "We're the grandfathers of this situation," said owner John Coughlan.

Using an open fermenter beers have been brewed at the original Clocktower on Bank Street since 1996. The beer culture

has gone through significant changes since then, "Lots of people are calling it the Craft Revolution." Clocktower has led the way proving that craft beer did have a demand in Ottawa with four established locations across the city.

With the increasing popularity of craft beers, Coughlan said that Clocktower have started to "push the envelope", especially with the seasonals. And with 16 years of experience, Clocktower staff certainly can share that refreshing expertise.

NFL

'I'm playing': Jets' Revis ready to go

Darrelle Revis is back in action for the New York Jets.

The All-Pro cornerback was cleared Thursday for contact in practice for the first time since suffering a concussion in the team's season opener. And, as far as Revis is concerned, there's no doubt he'll be on the field against the Dolphins in Miami.

"I'm playing," Revis said after practice. "The doctors cleared me, so I'll be playing Sunday."

THE ASSOCIATED PRESS

MLB

A's show blowout power in winning finale in Detroit

Seth Smith homered, doubled and drove in four runs, and the Oakland Athletics avoided a three-game sweep by beating the Detroit Tigers 12-4 Thursday in a matchup of AL playoff contenders.

Both teams began the day in second place in their divisions, and Oakland held an edge in the wild-card race. The Tigers fell 2 1/2 games behind the Central-leading Chicago White Sox, who played later at Kansas City.

Outscored 18-4 in the first two games, Oakland held down Miguel Cabrera to win the finale. Cabrera singled in four at-bats, and tops the AL in batting at .333. THE ASSOCIATED PRESS



Seth Smith celebrates his home run with his A's teammates on Thursday in Detroit. GETTY IMAGES

European exodus not all rosy, IIHF head says

NHL lockout. 'Integrity of game' should come before short-term business gains: Fasel

The flow of star players to European teams during the NHL lockout could distort national competitions, International Ice Hockey Federation president Rene Fasel said Thursday.

Fasel told The Associated Press that he balanced the increased attention for European hockey against potential damage to the integrity of leagues, especially if players return to North America mid-season.

"It's questionable how fair it is to the others (teams) and the whole league system," Fasel said by telephone from Tokyo, where the governing body has its congress next week.

"The integrity of the game is, for us, something very important. It's not just business," the world hockey leader said. "We play the game for the hockey fans, but sport should always be No. 1. Sport should also be about fairness to everybody."

Since the lockout started, players have turned to Europe to find playing time and salaries until the stalemate between the league and NHL players' union is resolved.

Fasel said it is good for fans to see stars come home, including two-time MVP Alex Ovechkin to Russian club Dynamo Moscow and New York Islanders captain Mark Streit with Switzerland's best-supported club, Bern.

"That is very positive, there's no doubt," said Fasel, a former Swiss league referee. "Mark Streit never played in Switzerland when he was a

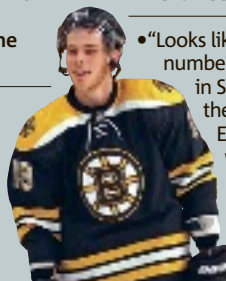


Alexander Ovechkin enters the rink for a KHL game between his Dynamo Moscow and Dynamo Minsk, in Moscow on Thursday. Dynamo Moscow said the Capitals star's contract lasts until the NHL lockout ends. ALEXEI BEZZUBOV/THE ASSOCIATED PRESS

Seguin goes Swiss

Boston Bruins centre Tyler Seguin is set to sign with Swiss team EHC Biel for the duration of the lockout.

- The team said on its website that Seguin is expected to join the Swiss A League club Saturday and



could be eligible to play next week.

"Looks like I'm wearing number 9 for EHC Biel in Switzerland till the lockouts done. Excited to play next week. #illmissthebruinsfans," Seguin posted on his Twitter account.

THE CANADIAN PRESS

Quoted



"We are planning as if they will be there."

IIHF head Rene Fasel on the prospect of NHLers playing at the 2014 Olympics in Sochi

surance (for salaries) and we know most of the clubs have troubles with their budgets, so they should be careful," he said. "There are some teams in Switzerland that will never be able to pay half a million and more to hire these guys."

THE ASSOCIATED PRESS

4 SPORTS

Mobile sports



Qriket

Ryan Clark has spent the better part of a decade playing alongside — and often in the shadow of — Troy Polamalu. With the Pittsburgh Steelers' All-Pro safety injured, however, Clark has a chance to showcase his own playmaking ability.

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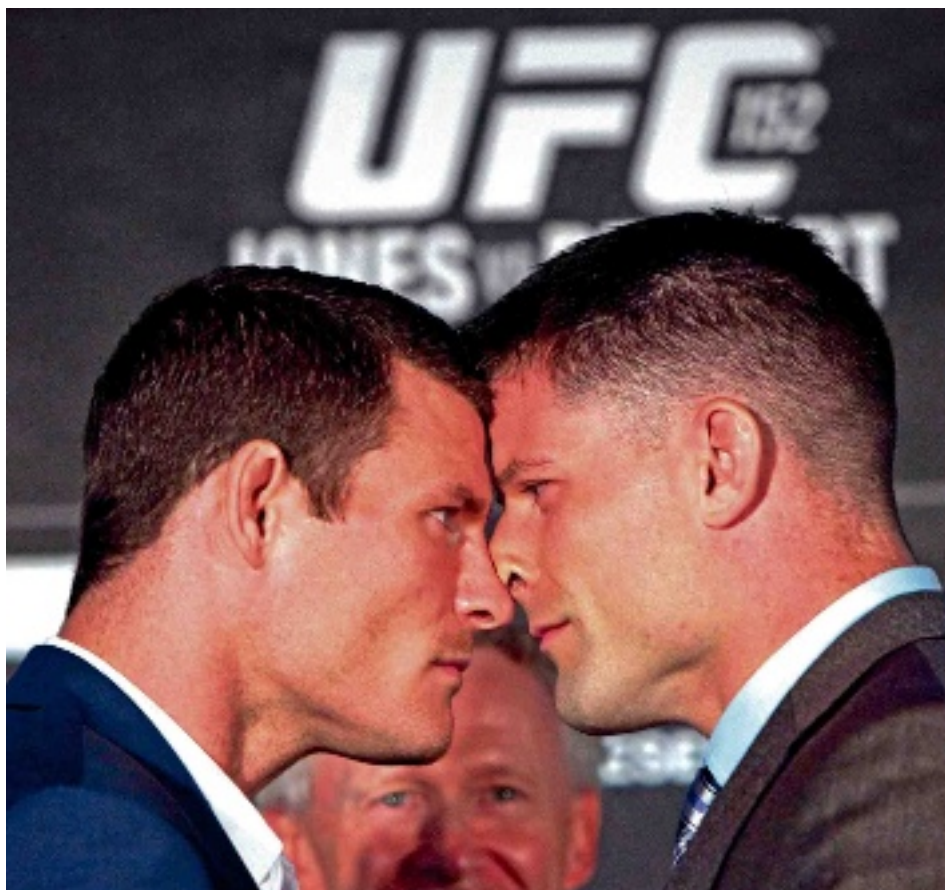
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Bisping throws down fighting words



Michael Bisping, left, and Brian Stann face off during the UFC 152 pre-fight press conference in Toronto on Thursday. Stann will be fighting Bisping at the Air Canada Centre on Saturday. MATTHEW SHERWOOD/THE CANADIAN PRESS

UFC 152. The Count offers verbal jabs at opponent heading into their bout on Saturday

English middleweight Michael (The Count) Bisping stole the show at the UFC 152 news conference Thursday, jamming his face into opponent Brian (All American) Stann as the two posed for photos.

Bisping and Stann stood nose-to-nose, then the Brit leaned forward and edged his forehead into the American's face. Stann moved back a step and then stood his ground, their eyes locked.

When they broke the pose, Stann paused before being the first to put out his hand and they shook.

Quoted

"Life is about moving forward.... I believe a good performance (Saturday) will definitely help people forget."

Light-heavyweight champion Jon Jones on his part in the cancellation of UFC 151

But the former marine war hero did not remain with Bisping for a secondary pose for photos. Instead, clearly not happy, Stann glared at the English fighter from the side of the stage while a smirking Bisping took centre stage alone to adopt a fighting stance.

Bisping added some trash talk later in the day.

"He put his nose against mine and it was like an Eskimo kiss, so I pressed my forehead against his," Bisping said. "I saw all the macho-ness drain out of him like someone had pulled a plug in a bath. He looked like a little girl who had got separated from her parents at Disneyland and has wet herself, and was all alone and scared."

"He knows he can't win this fight. He probably called home right away and said 'Honey, I'm not getting a win bonus. Hold off on ordering that new kitchen.'"

Tweeted Stann: "Sat cannot come soon enough."

There were no such fireworks when light-heavyweight champion Jon (Bones) Jones and challenger Vitor (The Phenom) Belfort or flyweight title contenders Joseph Benavidez and Demetrious (Mighty Mouse) Johnson faced off.

THE CANADIAN PRESS

Soldiering on

Stann keeps fighting in perspective

Brian Stann's military experiences and events like his brother-in-law's sudden death put things in perspective, and also serve as a reminder that things are not always as they seem.

"I'm here doing this right now because I want to provide for my family," Stann, a father of two, said of his fighting career.

Stann has drawn the line recently on discussing his own experiences on the battlefield, specifically the Silver Star he won for his heroics during a six-day firefight in Iraq in 2005.

But he says they also put cage-fighting in perspective.

"The worst things that happens in the Octagon is maybe a broken nose, a busted lip. Really the ultimate injury is your pride, that's it."

THE CANADIAN PRESS

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MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	85	63	.574	—
Baltimore	85	64	.570	$\frac{1}{2}$
Tampa Bay	79	70	.530	$\frac{6}{2}$
Boston	68	82	.453	18
Toronto	66	81	.449	18$\frac{1}{2}$
CENTRAL DIVISION				
	W	L	Pct	GB
Chicago	81	67	.547	—
Detroit	79	70	.530	$\frac{2}{2}$
Kansas City	67	81	.453	14
Cleveland	62	88	.413	20
Minnesota	62	88	.413	20
WEST DIVISION				
	W	L	Pct	GB
Texas	88	60	.595	—
Oakland	85	64	.570	$\frac{3}{2}$
Los Angeles	81	68	.544	$\frac{7}{2}$
Seattle	70	80	.467	19

Thursday's results
Cleveland 4 Minnesota 3 (10 innings)
Oakland 12 Detroit 4
Toronto at N.Y. Yankees
Boston at Tampa Bay
Chicago White Sox at Kansas City
Texas at L.A. Angels
Wednesday's results
N.Y. Yankees 4 **Toronto** 2 — 1st game
N.Y. Yankees 2 **Toronto** 1 — 2nd game
Minnesota 6 Cleveland 4
Detroit 6 Oakland 2
Tampa Bay 13 Boston 3
Kansas City 3 Chicago White Sox 0
Texas 6 L.A. Angels 2
Baltimore 3 Seattle 1 (11 innings)
Friday's games — All Times Eastern
Minnesota (Deduno 6-4) at Detroit (Porcello 9-12), 7:05 p.m.
Oakland (J.Parker 11-8) at N.Y. Yankees (Sabathia 13-6), 7:05 p.m.
Baltimore (Mig.Gonzalez 6-4) at Boston (Lester 9-12), 7:10 p.m.
Toronto (Villanueva 7-5) at Tampa Bay (Shields 14-9), 7:10 p.m.
Cleveland (Masterson 11-14) at Kansas City (Mendoza 7-9), 8:10 p.m.
Kansas City White Sox (Peavy 11-11) at L.A. Angels (E.Santana 8-12), 10:05 p.m.
Texas (M.Perez 1-1) at Seattle (Iwakuma 6-5), 10:10 p.m.
Saturday's games
Oakland at N.Y. Yankees, 1:05 p.m.
Baltimore at Boston, 1:10 p.m.
Minnesota at Detroit, 4:05 p.m.
Cleveland at Kansas City, 7:10 p.m.
Toronto at Tampa Bay, 7:10 p.m.
Chicago White Sox at L.A. Angels, 9:05 p.m.
Texas at Seattle, 9:10 p.m.

AL LEADERS

BATting—MiCabrera, Detroit, .330; Trout, Los Angeles, .329; Jeter, New York, .323; Mauer, Minnesota, .321; Beltre, Texas, .318; DavMurphy, Texas, .314; Butler, Kansas City, .310.
RUNs—Trout, Los Angeles, 116; Hamilton, Texas, 98; MiCabrera, Detroit, 97; Kinsler, Texas, 96; Jeter, New York, 93; AJackson, Detroit, 92; Beltre, Texas, 90; Cano, New York, 90; Granderson, New York, 90; AdJones, Balti-more, 90.
RBI—MiCabrera, Detroit, 123; Hamilton, Texas, 123; Willingham, Minnesota, 105; En-carnacion, Toronto, 102; Fielder, Detroit, 98; Pujols, Los Angeles, 96; Butler, Kansas City, 95.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Washington	90	58	.608	—
Atlanta	86	64	.573	5
Philadelphia	75	74	.503	15 $\frac{1}{2}$
New York	66	82	.446	24
Miami	66	84	.440	25
CENTRAL DIVISION				
	W	L	Pct	GB
Cincinnati	91	59	.607	—
St. Louis	80	70	.533	11
Milwaukee	77	72	.517	13 $\frac{1}{2}$
Pittsburgh	74	75	.497	16 $\frac{1}{2}$
Chicago	58	92	.387	33
Houston	48	102	.320	43
WEST DIVISION				
	W	L	Pct	GB
San Francisco	87	63	.580	—
Los Angeles	77	72	.517	9 $\frac{1}{2}$
Arizona	74	75	.497	12 $\frac{1}{2}$
San Diego	72	78	.480	15
Colorado	58	91	.389	28 $\frac{1}{2}$

Thursday's results
St. Louis 5 Houston 4
Cincinnati 5 Chicago Cubs 3
San Diego 6 Arizona 5
San Francisco 9 Colorado 2
Milwaukee 9 Pittsburgh 7
L.A. Dodgers at Washington
Philadelphia at N.Y. Mets
Wednesday's results
Washington 3 L.A. Dodgers 1 — 1st game
Milwaukee 3 Pittsburgh 1
Atlanta 3 Miami 0
Philadelphia 3 N.Y. Mets 2
L.A. Dodgers 7 Washington 6 — 2nd game
Cincinnati 6 Chicago Cubs 5 (11 innings)
St. Louis 5 Houston 0
Arizona 6 San Diego 2
San Francisco 7 Colorado 1
Friday's games — All Times Eastern
St. Louis (C.Carpenter 0-0) at Chicago Cubs (Volstad 3-10), 2:20 p.m.
Atlanta (Hanson 12-8) at Philadelphia (K.Kendrick 9-11), 7:05 p.m.
Milwaukee (Marcum 5-4) at Washington (E.Jackson 9-10), 7:05 p.m.
L.A. Dodgers (Blanton 9-13) at Cincinnati (Arroyo 12-8), 7:10 p.m.
Miami (Ja.Turner 1-2) at N.Y. Mets (Niese 11-9), 7:10 p.m.
Pittsburgh (Locke 0-1) at Houston (E.Gonzalez 2-1), 8:05 p.m.
Arizona (Miley 15-10) at Colorado (D.Pomeranz 1-9), 8:10 p.m.
San Diego (C.Kelly 2-1) at San Francisco (Vogelsong 12-9), 10:15 p.m.
Saturday's games
Milwaukee at Washington, 1:05 p.m.
St. Louis at Chicago Cubs, 1:05 p.m.
Miami at N.Y. Mets, 1:10 p.m.
Atlanta at Philadelphia, 4:05 p.m.
L.A. Dodgers at Cincinnati, 4:05 p.m.
Pittsburgh at Houston, 7:05 p.m.
Arizona at Colorado, 8:10 p.m.
San Diego at San Francisco, 9:05 p.m.

HITS—Jeter, New York, 199; MiCabrera, De-troit, 186; Beltre, Texas, 175; Butler, Kansas City, 172; AGordon, Kansas City, 171; Andrus, Texas, 167; Cano, New York, 167.
HOME RUNS—Hamilton, Texas, 42; Encarna-cion, Toronto, 40; ADunn, Chicago, 39; Granderson, New York, 39; MiCabrera, Detroit, 38; Willingham, Minnesota, 34; Beltre, Texas, 33.
STOLEN BASES—Trout, Los Angeles, 45; RDavis, Toronto, 44; Revere, Minnesota, 36; Crisp, Oakland, 34; BUpton, Tampa Bay, 30; AEscobar, Kansas City, 29; DeJennings, Tampa Bay, 27; Kipnis, Cleveland, 27.
PITCHING—Price, Tampa Bay, 18-5; Weaver, Los Angeles, 17-4; Sale, Chicago, 17-6; MHarrison, Texas, 17-9; Scherzer, Detroit, 16-6;

Darvish, Texas, 15-9; PHughes, New York, 15-12.
STRIKEOUTS—Scherzer, Detroit, 220; Verlan-der, Detroit, 218; Darvish, Texas, 205; FHer-nandez, Seattle, 199; Shields, Tampa Bay, 193; Price, Tampa Bay, 181; Peavy, Chicago, 177.
SAVES—Rodney, Tampa Bay, 43; JiJohnson, Baltimore, 43; RSoriano, New York, 40; CPerez, Cleveland, 36; Nathan, Texas, 33; Valverde, Detroit, 31; Wilhelmsen, Seattle, 27; Reed, Chicago, 27.

NL LEADERS

BATting—McCabrera, San Francisco, .346; AMcCutchen, Pittsburgh, .339; Posey, San Francisco, .335; YMolina, St. Louis, .321; Braun, Milwaukee, .311; DWright, New York, .309; CGonzalez, Colorado, .304.
RUNs—AMcCutchen, Pittsburgh, 102; Braun, Milwaukee, 97; JUpton, Arizona, 95; Rollins, Philadelphia, 93; Bourn, Atlanta, 91; Holliday, St. Louis, 91; CGonzalez, Colorado, 89; Pagan, San Francisco, 89.
RBI—Braun, Milwaukee, 105; Headley, San Diego, 105; ASoriano, Chicago, 103; Holliday, St. Louis, 97; Bruce, Cincinnati, 96; Pence, San Francisco, 95; Posey, San Francisco, 95; Ar-Ramirez, Milwaukee, 95.
HITS—AMcCutchen, Pittsburgh, 185; Scutaro, San Francisco, 176; Prado, Atlanta, 174; Reyes, Miami, 172; Braun, Milwaukee, 171; SCastro, Chicago, 171; Holliday, St. Louis, 167.
HOME RUNS—Braun, Milwaukee, 40; Stanton, Miami, 34; Bruce, Cincinnati, 33; LaRoche, Washington, 30; AMcCutchen, Pittsburgh, 30; ASoriano, Chicago, 30; PALvarez, Pittsburgh, 29; Beltran, St. Louis, 29; Kubel, Arizona, 29.
STOLEN BASES—Bourn, Atlanta, 39; Victori-no, Los Angeles, 37; CGomez, Milwaukee, 35; Pierre, Philadelphia, 35; Reyes, Miami, 35; EvCabrera, San Diego, 33; Altuve, Houston, 31; DGordon, Los Angeles, 31.
PITCHING—GGonzalez, Washington, 19-8; Dickey, New York, 18-6; Cueto, Cincinnati, 18-9; Lynn, St. Louis, 16-7; Gallardo, Milwaukee, 16-8; 8 tied at 15.
STRIKEOUTS—Kershaw, Los Angeles, 206; Dickey, New York, 205; Hamels, Philadelphia, 202; Strasburg, Washington, 197; GGonzalez, Washington, 196; Gallardo, Milwaukee, 194; MCain, San Francisco, 185.
SAVES—Motte, St. Louis, 38; Kimbrel, At-lanta, 38; Hanrahan, Pittsburgh, 36; Papelbon, Philadelphia, 36; AChapman, Cincinnati, 35; Clippard, Washington, 32; Clippard, Washington, 32.

CFL

WEEK 13

EAST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Montreal	11	7	4	0	301	327	14		
Toronto	11	6	5	0	278	274	12		
Hamilton	11	4	7	0	341	347	8		
Winnipeg	11	2	9	0	203	365	4		
WEST DIVISION									
	GP	W	L	T	PF	PA	Pt		
B.C.	11	8	3	0	298	204	16		
Calgary	11	7	4	0	312	257	14		
Saskatchewan	11	5	6	0	284	234	10		
Edmonton	11	5	6	0	247	256	10		

Friday's game — All Times Eastern
Hamilton at Winnipeg, 8 p.m.
Saturday's game
B.C. at Edmonton, 7:30 p.m.
Sunday's games
Toronto at Montreal, 1 p.m.
Calgary at Saskatchewan, 4 p.m.

PGA TOUR CHAMPIONSHIP

At Atlanta
Par 70

First Round	
Justin Rose	34-32—66
Tiger Woods	33-33—66
Scott Piercy	33-34—67
Bo Van Pelt	33-34—67
Matt Kuchar	33-34—67
Steve Stricker	34-33—67
Hunter Mahan	35-33—68
Adam Scott	36-32—68
Robert Garrigus	34-34—68
Zach Johnson	36-32—68
Brandt Snedeker	36-32—68
Ryan Moore	33-36—69
Jim Furyk	32-37—69
Bubba Watson	36-33—69
Sergio Garcia	34-35—69
Dustin Johnson	34-35—69
Phil Mickelson	35-34—69
Rory McIlroy	35-34—69
Keegan Bradley	36-34—70
Jason Dufner	36-34—70
Louis Oosthuizen	36-35—71
Rickie Fowler	35-36—71
Webb Simpson	34-37—71
Carl Pettersson	37-34—71
Luke Donald	36-36—72
John Senden	36-36—72
Ernie Els	35-37—72
Lee Westwood	35-39—74
John Huh	37-38—75
Nick Watney	

LPGA CLASSIC
At Prattville, Ala.
Par 72 (36-36)
First Round
Lexi Thompson
Hee Young Park
Lizette Salas
Amanda Blumenherst
Mi Hyang Lee
Stacy Lewis
Karen Stupples
Wendy Ward
Karlin Beck
Dori Carter
Lorie Kane
Sydnee Michael
Angela Stanford
Beth Bader
Sandra Changkija
Sandra Gal
Natalie Gulbis
Mi Jung Hur
Vicky Hurst
Mindy Kim
Becky Morgan
Anna Nordqvist
Gerina Pillier
Nicole Castrale
Nicole Hage
Mina Harigae
Katy Harris
Candie Kung
Mo Martin
Jennifer Rosales
So Yeon Ryu
Sarah Jane Smith
Alison Walshe
Amy Yang
Irene Cho
Taylor Coutu
Veronica Felibert
Maria Hjorth
Katherine Hull
Haeji Kang
Also:
Samantha Richdale
Rebecca Lee-Bentham
Isabelle Beisiegel
Kirby Dreher

NFL

AMERICAN CONFERENCE

EAST					
	W	L	T	Pct	PF PA
N.Y. Jets	1	1	0	.500	58 55
New England	1	1	0	.500	52 33
Miami	1	1	0	.500	45 43
Buffalo	1	1	0	.500	63 65
SOUTH					
Houston	2	0	0	1.000	57 17
Indianapolis	1	1	0	.500	44 61
Tennessee	0	2	0	.000	23 72
Jacksonville	0	2	0	.000	30 53
NORTH					
Baltimore	1	1	0	.500	67 37
Cincinnati	1	1	0	.500	47 71
Pittsburgh	1	1	0	.500	46 41
Cleveland	0	2	0	.000	43 51
WEST					
San Diego	2	0	0	1.000	60 24
Denver	1	1	0	.500	52 46
Kansas City	0	2	0	.000	41 75
Oakland	0	2	0	.000	27 57

WEEK TWO
Monday's result
Atlanta 27 Denver 21
Sunday's results
Arizona 20 New England 18
Buffalo 35 Kansas City 17
Carolina 35 New Orleans 27
Indianapolis 23 Minnesota 20
Philadelphia 34 Cleveland 27
Houston 27 Jacksonville 7
Miami 35 Oakland 13
N.Y. Giants 41 Tampa Bay 34
Philadelphia 24 Baltimore 23
Pittsburgh 27 N.Y. Jets 10
San Diego 38 Tennessee 10
San Francisco 27 Detroit 19
Seattle 27 Dallas 7
St. Louis 31 Washington 28
Thursday, Sept. 13
Green Bay 23 Chicago 10

NATIONAL CONFERENCE

EAST					
	W	L	T	Pct	PF PA
Philadelphia	2	0	0	1.000	41 39
Dallas	1	1	0	.500	31 44
Washington	1	1	0	.500	68 63
N.Y. Giants	1	1	0	.500	58 58
SOUTH					
Atlanta	2	0	0	1.000	67 45
Tampa Bay	1	1	0	.500	50 51
Carolina	1	1	0	.500	45 43
New Orleans	0	2	0	.000	59 75
NORTH					
Green Bay	1	1	0	.500	45 40
Detroit	1	1	0	.500	46 50
Minnesota	1	1	0	.500	46 46
Chicago	1	1	0	.500	51 44
WEST					
Arizona	2	0	0	1.000	40 34
San Francisco	2	0	0	1.000	57 41
St. Louis	1	1	0	.500	54 55
Seattle	1	1	0	.500	43 27

WEEK THREE
Thursday's result
N.Y. Giants at Carolina
Sunday's games — All Times Eastern
Tampa Bay at Dallas, 1 p.m.
St. Louis at Chicago, 1 p.m.
San Francisco at Minnesota, 1 p.m.
Detroit at Tennessee, 1 p.m.
Kansas City at New Orleans, 1 p.m.
Cincinnati at Washington, 1 p.m.
N.Y. Jets at Miami, 1 p.m.
Buffalo at Cleveland, 1 p.m.
Jacksonville at Indianapolis, 1 p.m.
Philadelphia at Arizona, 4:05 p.m.
Atlanta at San Diego, 4:05 p.m.
Pittsburgh at Oakland, 4:25 p.m.
Houston at Denver, 4:25 p.m.
New England at Baltimore, 8:20 p.m.
Monday's game
Green Bay at Seattle, 8:30 p.m.

SOCCER


MLS

	GP	W	L	T	GF	GA	Pt
Kansas City	29	16	7	6	37	25	54
Chicago	28	15	8	5	40	33	50
New York	29	14	8	7	49	42	49
Houston	29	12	7	10	41	34	46
Columbus	29	13	10	6	35	35	45
D.C. United	28	13	10	5	45	39	44
Montreal	30	12	15	3	44	49	39
New England	29	7	15	7	36	40	28
Philadelphia	26	7	13	6	26	31	27
Toronto	29	5	17	7	32	51	22

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-San Jose	29	17	6	6	60	35	57
Seattle	28	13	6	9	44	29	48
Real Salt Lake	29	14	11	4	38	33	46
Los Angeles	29	14	11	4	50	40	46
Vancouver	29	10	12	7	29	38	37
Dallas	30	9	12	9	35	38	36
Colorado	29	9	18	2	36	43	29
Portland	29	7	14	8	30	49	29
Chivas USA	28	7	14	7	21	44	28

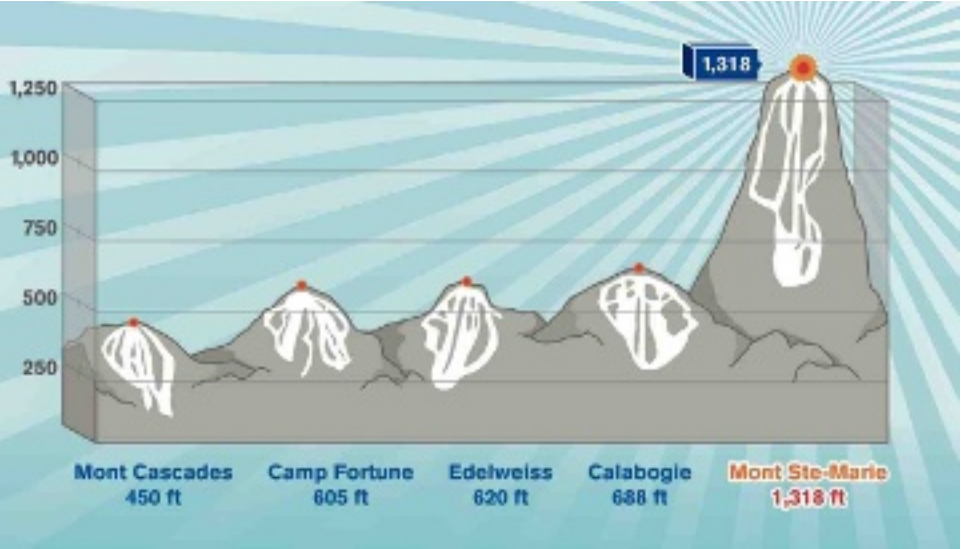
x — clinched playoff berth.
Wednesday's results
Atlanta 3 San Antonio 1
Carolina 1 Tampa Bay 1
Saturday's games — All Times Eastern
Tampa Bay at Carolina, 7 p.m.
Atlanta at Puerto Rico, 7:30 p.m.
Sunday's games
Fort Lauderdale at Edmonton, 4 p.m.
Minnesota at San Antonio, 7:15 p.m.



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Horoscopes

♈

Aries

March 21 - April 20

You may come under a lot of pressure today but you have always been the sort who knows how to raise your game when the heat is on, so you'll do OK. But try not to put any friendships at risk.

♉

Taurus

April 21 - May 21

The only way you are going to get things done, and get them done right, over the next 24 hours is if you do them yourself. Fortunately, with your ruler Venus on good terms with Jupiter, you won't lack enthusiasm.

♊

Gemini

May 22 - June 21

You may be entirely in the right but be wary of starting a feud with someone who may, in the long-term, prove stronger and more ruthless than you. Maybe this time it would be wise to back down.

♋

Cancer

June 22 - July 23

You seemed determined to put yourself to the test, to prove that you have what it takes. But who are you trying to impress: yourself or other people? If it's the latter, you need to change your outlook a little.

♌

Leo

July 24 - Aug. 23

Because you are trying to do several tasks at once, things have begun to go wrong. But, being the stubborn sort, you refuse to change. Do you really want to end up further away from your goals than when you started?

♍

Virgo

Aug. 24 - Sept. 23

Your eagerness to succeed could lead you to show your hand too soon and make it easy for rivals to work out what you are trying to do. Don't tell anyone, not even friends, what they don't need to know.

♎

Libra

Sept. 24 - Oct. 23

Avoid petty disputes today. With your ruling planet Venus on good terms with big-hearted Jupiter, the last thing you want is to get caught up in other people's squabbles. Your sights are set on bigger and better things.

♏

Scorpio

Oct. 24 - Nov. 22

You will go over the top in some way today but somehow it will all come right for you — which may be a huge surprise. Both financially and professionally, it seems you can do no wrong at the moment.

♐

Sagittarius

Nov. 23 - Dec. 21

Just because other people are going to extremes does not mean you have to do the same. In fact, the planets warn that if you go too far today, in any direction, you will regret it over the weekend. Play it safe.

♑

Capricorn

Dec. 22 - Jan. 20

You don't have to be assertive, or even aggressive, to get what you desire. Venus and Jupiter come together in such a way that you can quite easily persuade others to give it to you. Don't abuse the situation though.

♒

Aquarius

Jan. 21 - Feb. 19

Something unexpected will happen over the next 24 hours and it will be the kind of something you enjoy. Most likely a relationship will move to a higher level. Suddenly you are on the same wavelength.

♓

Pisces

Feb. 20 - March 20

With Jupiter, planet of excess, strong in your chart there is a possibility that you will take the kind of risk that is best avoided. On the other hand, if you don't take a risk how will you progress? It's your choice.

SALLY BROMPTON

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

Crossword: Look for Two PMs

BY MICHAEL WIESENBERG

Across

1. Male offspring
4. Big Mac holder
7. Alta. neighbor
11. *Canadian* ____: talent show
13. Bullfighters' garb
15. Bangkok citizen
16. Ontario-born *Scream* star Campbell
17. About 1.057 US quarts
18. At the center of
19. Saskatchewan's largest city
21. Actor Gibson
22. What cabbies and waiters live on
23. Oil or gas additive: initialism
25. Deep valleys
27. See 12-Down
31. Roger ____: Bond player before Dalton
32. Liberal ____
33. High def tape
35. Holier-than-thou type
36. Racket
37. *Daily Planet* reporter Lane
38. Negatives
39. "I ____ Know What Time It Was"
40. Fill the crevices of, as a window frame
41. Internet transmission
43. Becomes indistinct
44. Big truck
45. Back of the bus
46. Sheepish sound
48. Halifax group whose 1981 hit "Just Between You and Me" charted in Canada (#6), the US (#21), and the UK (2 wds.)

53. Firing range pieces
54. Centerpiece of many a Sunday dinner
55. "Electric" fishes
57. Bible vessels
58. Early poker pot makers
59. Outbreak
60. Mule's cry
61. Affirmative
62. Fore site

Down

1. One of seven deadly attributes
2. Appreciative verses
3. ____ Scotia
4. Prepares a hook
5. Not more than (2 wds.)
6. Fiddler while Rome burned
7. Calgary's NHL team, familiarly
8. "Alas!" (2 wds.)
9. Explore the seven seas
10. Joke around with
12. With 27-Across, 14th PM (1963-68) (2 wds.)
13. Applauds
14. Endowed with physical feelings
20. Cows, archaically
24. Attempt
25. "You'd better ____": "Please leave" (2 wds.)
26. Like a tooth almost ready for the Tooth Fairy
27. Change the wall color
28. Former: poetic
29. Smell
30. Carpenter's supply
31. AOL rival
32. Pea containers

34. Said singly or in repetition, "Shame on you!"
36. Falls between Canada and the US
37. PM Wilfrid
39. Start of the VIIth century
40. Cat's scratcher
42. Impudently bold
43. Alternatives to suspenders
45. Goes up

46. Raymond ____: New Westminster, BC-born Perry Mason portrayal
47. Ottawa-born singer Paul whose first hit was "Diana" (1957, when he was 14)
49. Polo animal
50. 2.5%/year interest, e.g.
51. Tidy
52. On the other hand
53. Gift of ____: conversationalist's forte
56. That girl

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Saturday

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Gold Buying Prices by Karat

Karat | Price/gram

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9999 Canada Maple leaf, less than 1 ounce	\$53.04/g
24k Jewellery	\$40.54/g
22k	\$37.14/g
E. Indian/Nuggets	\$32.92/g
18k	\$30.41/g
14k and dental	\$23.64/g
10k	\$16.86/g
9k	\$15.20/g
8k/antique gold	\$10.14/g

Gold Bar Buying Prices

Gold Bars | Buy Price

Gold 1 ounce (Recognized)	\$1,588.96
Gold 10 ounce (Recognized)	\$15,803.29
Gold 1kg (Recognized)	\$50,807.58
Gold bars, less than 1 ounce (Recognized)	\$50.81/g
999 Gold bar (Unrecognized)	\$49.43/g

Silver Coin, Bars, and Jewellery Buying Prices - Canada Coins | Price

Maple Leaf (1 ounce Silver)	\$32.40/coin
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Silver Jewellery and Other Silver | Price

Stamped Sterling Silver Flatware	\$0.67/g
Stamped Sterling Silver Jewellery	\$0.64/g
Mexican Silver stamped 925	\$0.54/g
Stamped 800 Silver	\$0.52/g
Unstamped scrap silver	\$0.34/g
Other silver coins	\$0.71/g

*Actual buying prices are based on weight of silver content, which is lower for worn coins.

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